

Scottish Small-bore Rifle Association Newsletter, June, 1995



Editor

In order to catch up with the backlog of Newsletters, this is the first of a number of instalments.

All members have now received the 1995 Calendar, Match Programme and Selection procedures and entry forms for the coming season's Grand Prix events.

This mailshot includes an addition to the Calendar, a prone Grand Prix at Lauder on Saturday, 8th July, replacing the Linwood Grand Prix. There's more news inside on the situation at Linwood.

Further newsletters over the summer months will cover outstanding and current items, which should bring members up to date by the end of the summer.

Minutes of the A.G.M. are included in this mailshot and A.G.M. accounts will accompany the next one.

An addition to the list of matches which should fall into the next financial year is the Commonwealth Shooting Federation Championships to be held in New Delhi, India, in November. Selection for this championship will be as for the Commonwealth Shooting Federation (European Division) Championships (a.k.a. Mini-Games). While such new events are always welcome, it is, at least for this year, at the cost of the C.S.F.(E.D.) Championships. Entries for the Mini-Games from the European Commonwealth Countries closed last month with only a few countries sending an incomplete teams. Most of the countries eligible for Mini-Games opted instead for the C.S.F. Championships in New Delhi. It would seem that all the countries are restricted by budget problems which force them to choose between these events. Scotland has kept its offer to run Mini-Games on the table for 1996 so the preparations made to date are not entirely wasted.

All those interested in Mini-Games in Aberdeen should adjust their diaries by twelve months. All those interested in C.S.F. Championships in New Delhi in November should note that trials intended for C.S.F.(E.D.) Team Selection will now be applied solely to C.S.F. Championships. We understand that the maximum entry per country for New Delhi is 2.

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Council 1993-94

Much of the Association's work on behalf of its members is the sort which is invisible. Much of Council's time is spent in meetings, both SSRA meetings and those of other organisations at which SSRA is represented, the most notable of these being the Scottish Target Shooting Federation.

During 1993-94, Council met on the following dates :

1993		CODG	AFM	AMH	WB	JEC	ADD	KH	NGL	DAMM	DPE	WTV	JRW
21st November	Council Meeting	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓
1994		CODG	AFM	AMH	WB	JEC	ADD	KH	NGL	DAMM	DPE	WTV	JRW
12th February	Council Meeting	✓	✓	✓	✓	✓		✓	✓		✓	✓	
21st May	Council Meeting	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓
19th June	Meeting re. Facilities	✓	✓	✓					✓	✓			
10th October	Council Meeting		✓	✓				✓		✓	✓	✓	
13th October	Meeting re. Development Plan		✓	✓				✓		✓		✓	
29th October	Council Meeting		✓	✓	✓		✓	✓		✓		✓	

Business at Council meetings is conducted following a standard agenda which is adjusted according to the business to be dealt with at each meeting. This always starts with Apologies and Minutes of previous meetings, followed by Correspondence and Finance. Items of correspondence which related to other matters on the agenda are taken under that item. After finance comes, STSF which addresses Facilities, S.D.O. matters, Grant Aid and Development, Special Development, Commonwealth Games, Mini-Games and so on. The Council meeting then moves on to the Association's Programme, including the Calendar, Competitions, Matches, Fundraising, Training and Coach Education. The meeting then winds up with other business, which may include items such as Scottish Sports Association, National Lottery, SSRA AGM, Press and Publicity and closes with arrangements for the next meeting.

Facilities

Facilities developments during this period were focussed on the possibility of a National Centre at Seat Hill. Other major plans were also in hand at Kinross, Linwood and Strathclyde Park.

Seat Hill has since been rejected by the Scottish Sports Council following the report of a Feasibility Study and consultation of target shooters by questionnaire.

Kinross & Milnathort rifle club's plans to rebuild were thwarted by close calls on obtaining a suitable site which fell through. K&M are now confident of obtaining a section of land close to the M90 but face competition of another development near Kirkcaldy. Cluny Clays owners are interested in adding other disciplines to their centre and bid for regional centre status in competition with K&M. The SSRA formed a consultative Committee to weigh the two proposals. This initiative by SSRA to consult small-bore rifle shooters in the catchment area for these centres was broadened by the appointment to the committee of representatives with a strong interest in pistol and clay target. This made the committee's task more difficult as K&M had declared at the outset that they had no plans to include either centre-fire pistol, the loud one, or clay target, a decision made on the advice of the Perth & Kinross District Council Planning Officer consulted in applications for the earlier sites which fell through. The Cluny proposal included an expansion of the clay target facilities and full pistol facilities as well as small-bore rifle, although a visit from the Kirkcaldy District Council's Planning Office produced the advice that centre-fire pistol was not recommended at Cluny, at least not outdoors and not without a lot of noise reduction, centre-fire pistol was removed from the Cluny proposal at the last minute. Full-bore rifle was not included in either project. The last meeting of the Committee, on Monday 5th June, voted between the two proposals. All those representing small-bore rifle shooters supported the Kinross & Milnathort project.

Linwood's plans to purchase the range site, including an adjacent building for redevelopment as a regional centre for the South-West of Scotland came to nought when Bob Normand's successor in the

Watson Grange management sold the site. The use of the outdoor range is now lost forever and the indoor facilities tenure does not extend beyond another year. However, Glasgow Rail Rifle Club is actively looking at possible new homes in the area including a building which may be suitable for an indoor 50 metres centre.

The site of a redundant sewage works in Strathclyde Park was identified as a possible site for a outdoor shooting centre by Larkhall Rifle Club who led proposals for a range of at least county standard on behalf of themselves and of Rolls-Royce(E.K.), Wishaw and Lanark Rifle Clubs. So far the positive interest of the park management has been fixed but all else is in abeyance pending the reorganisation of district councils.

S.D.O.

At the start of this year, the S.D.O. post became a half time post due mainly to loss of funding from national bodies. The time had come for a re-evaluation of the post and it has been agreed with the Scottish Sports Council to redefine the post as Shooting Professional Officer, which should be advertised soon.

Commonwealth Games

1993-94 was the final year of preparation for the Commonwealth Games team going to Victoria in August, 1994. Following the team selection trials in July '93, intensive work was under way with the most thorough preparations being supported by the Scottish Sport Council. For the small-bore rifle team, their efforts were guided by Rifle discipline coach Harry Milne.

In August '93, the Scatt trainer was purchased by the STSF and, during 1993-94, Games training was top priority in its use.

AMH

CSF Championships Trials Draft Programme

The DRAFT programme for the Trials for the Commonwealth Shooting Federation Championships in New Delhi, India, in November, is as shown. The programme will be ratified at the next Council Meeting on 25th June and published in final form at the Scottish Meeting and in the next mailshot.

Please note that all times given are start times, not check-in times. All finalists will be sent a detailed schedule for the trials.

Please refer to Matches & Selection Revision 2 for information on gaining places in trials.

Day	Date	Trial	Course	Start Time
1	Sat 29th July	Men's Prone Elimination Relay 1	60	10.00
		Women's 3x20 Trial	3x20	12.00
		Men's Prone Elimination Relay 2	60	15.00
		Women's 3x20 UIT Final	10	17.00
2	Sun 30th July	Women's Prone Trial	60	10.00
		Men's Prone Final Trial	60	12.00
		Women's Prone UIT Final	10	14.00
		Men's Prone UIT Final	10	15.10
3	Sat 5th August	Men's 3x40 Trial	3x40	12.00
		Men's 3x40 UIT Final	10	16.15
4	Sun. 6th August	Men's Air Rifle Trial	60	10.00
		Women's Air Rifle Trial	40	12.10
		Men's Air Rifle UIT Final	10	13.45
		Women's Air Rifle UIT Final	10	14.45

AMH

Scottish 3-Positions Championships '94

For the first time, separate Men's Free Rifle (3x40) and Women's Standard Rifle (3x20) Championships were held, with the details running concurrently, at Linwood. Bill Murray, freshly returned from a World Cup at Fort Benning in the USA was the obvious favourite for the Men's event, but was expected to be given a hard time by Robin Law. As the scores show however, Bill came a cropper when his last shot in the final appeared on Robin's target - thus scoring 0 - allowing Robin to move into first place with Donald McIntosh also moving up. The Women's 3x20 was nip and tuck until Shirley finally got into her stride in the UIT Final.

Men's 3x40 Free Rifle		Prone					Standing					Kneeling					Total
W A Murray	EUA	100	99	97	97	393	88	92	94	88	362	95	95	97	94	381	1136
R Law	SRI	95	97	99	98	389	94	95	90	94	373	96	92	90	93	371	1133
D A M McIntosh	EUA	97	100	96	97	390	90	94	89	89	362	94	95	97	92	378	1130
C W C Ogle	EUA	96	100	100	99	395	88	84	92	91	355	92	92	91	93	368	1118
R A Sellar	EUA	98	99	98	98	393	86	88	86	91	351	93	89	93	91	366	1110
J R Silcox	QVS	95	95	97	94	381	87	80	82	84	333	88	92	90	90	360	1074
A M Coates	Wats	95	95	94	95	379	87	87	79	82	335	86	88	87	88	349	1063
D P Sheridan	K&M	93	97	95	95	380	78	73	78	76	305	85	89	89	89	352	1037
M Sinclair	EUA	98	96	98	97	389	70	73	82	70	295	87	85	90	90	352	1036

Men's 3x40 Free Rifle	1st stage	UIT Final														Agg
R Law	1133	9.2	9.6	9.8	7.6	8.1	10.0	9.1	8.3	9.5	9.1	90.3	1223.3			
		1142.2	1151.8	1161.6	1169.2	1177.3	1187.3	1196.4	1204.7	1214.2	1223.3					
D A M McIntosh	1130	8.3	9.4	10.4	9.2	10.9	10.1	8.2	9.1	7.9	8.3	91.8	1221.8			
		1138.3	1147.7	1158.1	1167.3	1178.2	1188.3	1196.5	1205.6	1213.5	1221.8					
W A Murray	1136	8.8	10.3	9.8	10.4	9.7	8.8	9.1	9.2	8.5	0.0	84.6	1220.6			
		1144.8	1155.1	1164.9	1175.3	1185.0	1193.8	1202.9	1212.1	1220.6	1220.6					
C W C Ogle	1118	6.8	9.2	9.5	9.1	6.9	9.4	8.6	9.4	8.6	10.1	87.6	1205.6			
		1124.8	1134.0	1143.5	1152.6	1159.5	1168.9	1177.5	1186.9	1195.5	1205.6					
R A Sellar	1110	9.8	9.3	9.6	8.8	8.2	8.9	9.1	10.1	9.5	10.7	94.0	1204.0			
		1119.8	1129.1	1138.7	1147.5	1155.7	1164.6	1173.7	1183.8	1193.3	1204.0					
A M Coates	1063	9.9	7.6	9.0	8.9	8.9	7.3	10.1	8.3	8.2	7.8	86.0	1149.0			
		1072.9	1080.5	1089.5	1098.4	1107.3	1114.6	1124.7	1133.0	1141.2	1149.0					

Women's 3x20 Standard Rifle		Total
S J McIntosh	EUA	My apologies to Shirley and Trish for losing the detailed scores, Anne.
P Littlechild	EUA	557

Women's 3x20 Standard Rifle	1st stage	UIT Final														Agg
S J McIntosh	558	10.1	7.9	10.2	10.2	10.0	10.6	8.9	9.7	8.6	10.2	96.4	654.4			
		568.1	576.0	586.2	596.4	606.4	617.0	625.9	635.6	644.2	654.4					
P Littlechild	557	10.1	9.2	8.4	9.3	10.6	9.1	9.8	10.3	9.1	7.9	93.8	650.8			
		567.1	576.3	584.7	594.0	604.6	613.7	623.5	633.8	642.9	650.8					

Scotland v North Island N.Z., '94

Scotland						North Island					
T F Hodgson <i>The Waka Huia</i>	100	100	99	100	399	G Brinkworth <i>The Highland Quail</i>	99	99	100	100	398
T Kidner	100	99	100	99	398	R McNair	99	99	99	99	396
M Sinclair	100	100	98	99	397	S Petterson	98	99	99	100	396
G J B Winch	100	100	99	97	396	L Arthur	98	99	99	98	394
A J Horne	97	99	100	99	395	J Hughes	98	98	99	99	394
S R Tracey	99	100	98	98	395	K Burt	97	99	99	98	393
D W Garrow	98	97	100	99	394	D Gibbs	97	99	98	99	393
H Rae	98	100	99	97	394	R Gross	99	98	98	97	392
L Buchanan	98	100	98	98	394	K Summerhays	98	98	99	97	392
E C Lovie	99	97	100	97	393	G White	98	95	100	99	392
A A Reid	98	100	97	98	393	G Ballinger	99	96	100	96	391
A F Mackenzie	97	100	98	96	391	J Crompton	98	97	99	96	390
C I H Thomson	97	98	98	98	391	R Caie	100	95	97	97	389
W Moonie	97	98	98	96	389	G Taylor	98	95	97	98	388
W H MacDonald	95	98	96	98	387	N Harris	96	96	94	100	386
Total					5906	Total					5884
Reserve						Reserves					
W Crawford	97	96	95	97	385	A Stampa	97	98	99	97	391
						S McCabe	98	99	95	95	387

Like the numbers say, Scotland won by a solid margin of 22 points. Congratulations to the team.

This match has been held annually since 1974, twenty-one years, and the series stands at Scotland 12 wins, North Island 9, with no draws.

The match switched to the new NSRA targets in 1991 and the Scotland score improves the team of 15 record on these targets by 1 point. The record on the old 1966 targets was an impressive 5944, made by the Scotland team in 1990, the last year on those targets.

There are outstanding individual performances over the years, too. Alister Mackenzie took a place in the team 11 times between 1974 and 1990 and averaged 396.0, with Bill Moonie also appearing in the team 11 times in the same period with an average of 394.9. North Islander B E Lacey appeared in the Kiwi team 14 times and averaged 394.3, with R Travers and Mrs N Barlow each appearing 11 times with averages of 394.5 and 393.9. In the four years on the new targets since 1991, Alister Mackenzie and Bill Moonie have both improved with age (must be the whisky!) and earned a place in the team every year and averaged 394.0 and 392.8 respectively. Top performer on the new targets is undoubtedly Tim Kidner, averaging 398.0 in performances in 1992, 93 and 94, including the first 400 on the new targets in 1993. North Island seem to have retired their top scorers from the old targets but new recruits to watch are L Arthur, (ave. 394.8 in 1991, 92, 93, 94) and R McNair (ave.393.5 in 1991, 92, 93, 94). Commonwealth Games Prone Gold Medallist Steve Petterson managed to average 395.7 in seven appearances on the old targets and 391.3 in 1991, 93 and 94 on the new ones.

Who says we shouldn't take this match seriously?

AMH

Ulster Games '94.

Thursday, 10.00, grey and dull. Sarah to Ken - "Be at Stranraer.", said Anne, "No later than 10", she said.

10.45 - Where is Anne?

10.55 - Anne and Tom arrive. What could they have been doing for the last 50 minutes?? No time for answers; it's time to catch the ferry.

11.00 - At last, Bill M and Trish arrive.

Off to Northern Ireland we go.

The travelling arrangements consisted of a three car convoy, Anne's tatty Carlton streaking ahead with Tom (who was later heard to comment "It will take me a week to recover from Anne's driving"), Bill M. cruising in his velour hondamatic and Sarah gamely bringing up the rear in the automated sardine tin.

The convoy processed to the Stanhill Park range at Comber where all present put in some training, giving us the opportunity to discover the interesting linear design of the firing point (very efficient for draining water away at the building control statutory 5° but not quite so good for achieving scores - well that's our excuse anyway) Then back to Bangor to check into the B&B and hence to the East Antrim Rifle Club in Ballyclare for a welcome reception while Anne and Tom collected Lynda from the airport. The big blue rust-bucket finally found the East Antrim Rifle Club just as everyone was leaving but the hosts mustered late refreshments, much appreciated by Lynda whose mind had not come down to earth yet. Then back to the B&B to crash out.

A quiet night - peace soon to be shattered by the arrival of Hugh, by plane, and Bill H., with 4th car which at no time waited for the convoy.

Friday. Three positions at Stanhill Park, in tough conditions (yet more excuses). Bill M. charged ahead of the field to finish the 3x40 well in front. Excitement in the UIT final was intensified by the presence of Ulster TV - Oh! fame at last. Bill kept his lead to win the Gold Medal.

The air rifle match was squadded over Friday and Saturday at the luxurious Comber Rifle Club so some members of the party (the masochists) opted to shoot a 60 shot match in the last squad of the day while Anne collected Hugh from the airport. A high standard was maintained by all, including Trish shooting left-handed with Anne's right-handed air rifle. The Chinese meal, now an obligatory item on the Scots team itinerary for the Ulster Games, rounded off the day nicely.

Saturday. Prone match day, double English Match, UIT rules, Ken decided to give away ten points by shooting on someone else's target, which wasn't very clever.

The two Bill's qualified for the UIT final - Bill M. was unable to catch Bones and ended up with the silver while Ivor, the Chief Range Officer, called "STOP" before the end of the 45 seconds while Bill H. had still to fire, an unwelcome incident which *****ed up his concentration, especially being asked unexpectedly to fire his last shot on his own at the end of the final.

Why wasn't the team manager on hand to keep Ivor right? She was at the Comber Rifle Club, chauffeuring Lynda to the Air Rifle match. Lynda discovered the taste of a cocking lever in her mouth, when it sprang up and surprised her, during her first few shots of the match. A splash of blood, a bucket of ice (just as well that the Comber Rifle Club has a bar and ice-making machine) and Lynda gritted her teeth behind a lump of ice and persevered to produce a more than respectable score to help the team to yet another Gold Medal. Meanwhile, Sarah was given some personal coaching on how not to injure yourself with an air rifle by some nice boys from Dublin!!

Another meal out in Bangor at the other obligatory dining venue, Bungees, with Hugh ably demonstrating his capacity to drink large quantities of Bud. This, however, had a detrimental effect on his 10-pin bowling abilities as we saw later in the evening - still, it was better than some, whose names we won't mention.

Sunday. Final day comprising the prone team match and prize-giving. Scotland A claimed the Gold Medals convincingly and Anne was happy - perhaps last night's bribe of alcohol in return for medals paid

off!! Every single member of the Scotland Squad who went to Comber for the Ulster Games came home with a medal for at least one event. The Milk Board who were sponsoring the event provided us with a buffet lunch before we travelled back to Bonnie Scotland - but Ken was very disappointed that there were no free samples of milk or Guinness for that matter!!

Nonetheless, a very enjoyable week-end.

Ken & Sarah.

P.S. Trish has now bought her own air rifle.

Safety tip from Lynda. Do you use a Feinwerkbau 600? Do you rest the butt on a chair while you pull the lever down? Do you know that there is no safety catch on the lever? Do you know that if you accidentally let go of the lever before it engages, the spring will throw it all the way back up into your face? Make sure you keep your face out of the way of the lever, just in case the handle slips out of your fingers.

Scotland v Police Athletic Association, '94

This match is now a regular feature of our Calendar and the opposition this year was stiff. This was compounded by selection problems, largely due to the difficulties involved in getting away for holidays a day early. However, the team assembled looked promising and it was disappointing that the scores were not better. The opposition were the pick of the competitors in the British PAA Championship held the previous day who may have enjoyed some possible benefit from being acquainted with the gradient on the firing point. There were some very askance looks from the Scots on their first sight of the range.

The Scotland team shot without reserves and almost without Hugh Simpson who was delayed by Caithness fog for the first leg of his journey. Proceeding straight to the firing point from his car, Hugh was top score in the match with 1183. Fellow Scots Bill Hamilton, Jim Cole-Hamilton and Ken MacMahon also put in steady scores but it was sound scores throughout the team which gave the Police the advantage, all seven scoring between 1167 and 1172.

Congratulations go to Bill Long who won the Police championship and was now in training for the European Police Championships in which we wish him the best of luck.

Scotland	50m				100yd				Agg
Duncan Garrow	191	193	197	581	193	198	195	586	1,167
Jim Cole-Hamilton	194	196	197	587	196	194	196	586	1,173
Ken MacMahon	196	198	196	590	196	197	190	583	1,173
Trevor Hastings	196	198	194	588	192	189	192	573	1,161
Hugh Simpson, Jr	197	199	197	593	196	196	198	590	1,183
Bill Hamilton	198	197	195	590	193	195	196	584	1,174
Eric Lovie	194	190	189	573	187	183	194	564	1,137
Team Totals	4,152				4,166				8,168
PAA	50m				100yd				Agg
P Hatton	192	198	197	587	195	195	195	585	1,172
S Yeomans	196	194	194	584	191	198	194	583	1,167
J Armstrong	196	196	198	590	193	191	193	577	1,167
N Cox	196	198	197	591	196	192	198	586	1,177
W Long	198	195	198	591	192	196	193	581	1,172
D Goodfellow	193	197	195	585	194	196	193	583	1,168
A Roberts	192	199	198	589	195	195	193	583	1,172
Team Totals	4,167				4,178				8,195

1994 Freuchie Knock-out Championship

2nd Stage	Semi-final	Final	Winner
Graham Love	Jocelyn Chamberlain-Mole	Bill Brown	Bill Murray The Wilkinson Sword
Jocelyn Chamberlain-Mole			
Ed Granville			
Alan Paul			
David Sheridan	Bill Brown		
Bill Brown			
Andrew Campbell			
Neil Davis	Neil Davis		
Bill Hamilton			
Chris Tighe-Ford			
Bill Long	Ian Shanks		
Ian Shanks			
Jenny Littleford			
David Lumsden	David Lumsden	Cliff Ogle	
Stuart Clark			
Cliff Ogle			
H Simpson, Jr	Cliff Ogle		
Donald Ross			
Bill Murray			
Adam Gordon	Bill Murray	Bill Murray	
Gordon Farquhar			
Ian Tighe-Ford			
N B 'Archie' MacDonald	N B 'Archie' MacDonald		
Pat Daniell			
Harry Milne			
Donald McIntosh	Donald McIntosh	David Sheridan	Jenny Littleford The Sgian Dubh
Sinclair Bruce		Jenny Littleford	
		Gordon Farquhar	

The Freuchie enjoyed a full entry as usual and was only marred by one or two problems with the slope on the firing point in the first stage. Despite the lower attendance at this Scottish, the standard in the Freuchie was as good as ever. Bill Murray, on his way to the Commonwealth Games in the 3-P event, showed that his prone was on good form too.

AMH

1995 Freuchie Knock-out Championship for the Wilkinson Sword & C&D Sgian Dubh Freuchie 1995 Entry Form

Entries will be open to all at Lauder. This is our members' opportunity to secure an early place.

I wish to enter the Freuchie competition at the Scottish Meeting at Lauder at a cost of £3.50	Tick	Name
I claim the SSRA Member's discount of £1.00	Tick	NSRA Classification
Fee enclosed	£	Address & Postcode

Send to A M Hamilton, [REDACTED]

NSRA Scottish Meeting, Tain, 1994 25th June to 1st July

Home Countries International Matches

There was no joy for either team in the Home Countries matches at Tain, made all the more sad by the bottles of Glenmorangie which went the way of the English visitors. The main Scottish team featured three "new boys" in the form of Jim Cole-Hamilton and Lance Graham and for Donald McIntosh his first full international on Scottish soil. As the scores show, we held our own over the 50m, but with half of the team struggling at the yards as the Dornoch Firth mist threatened to descend, the English team produced some fine cards to show us how it should be done. Never mind, 1995 is back to our second home at Lauder, where we won in 1992.

Scotland				England				Wales			
	50m	100yd			50m	100yd			50m	100yd	
W A Murray	197	195	392	J A Duguid	198	196	394	P N Peters	195	197	392
W F Brown	193	197	390	S K Aldhouse	196	197	393	H C Taylor	200	191	391
W Cole-Hamilton	195	195	390	N A Davis	193	197	390	A J Germain	194	193	387
H Simpson Jnr	195	195	390	J S Churchley	193	197	390	W E Phelps	193	189	382
T S Hastings	196	194	390	T Norman	196	193	389	G R Thomas	190	190	380
W J Long	194	191	385	G A Hamley	193	195	388	P A Sims	191	189	380
D A M McIntosh	195	189	384	M Phelps	196	191	387	R W Riddett	191	187	378
W F Hamilton	190	192	382	W G Doe	196	191	387	S M Prowting	187	188	375
L R Graham	192	189	381	B Hollingsworth	192	193	385	D W Phelps	188	184	372
I Shanks	193	187	380	P J Lummus	190	194	384	J R Taylor	191	179	370
Total	1940	1924	3864	Total	1940	1940	3887	Totals	1920	1887	3807

The Women's team featured three new faces, with Karen Nilsen of St. Andrews, who had just won Class D with a score that would have been competitive in Class B, at only 18 years of age. It was unfortunate that no other country could raise an Under 21 team, and the match did not take place. Perhaps the NSRA could explain why they run an Air Rifle International at the British Championships when there is only one entry.....

Scotland				England			
	50m	100yd			50m	100yd	
Miss L J Marlow	193	197	390	Miss L A Smallbone	195	194	389
Mrs L D Martin	192	193	385	Miss A E Roberts	193	194	387
Miss K L Nilsen	193	190	383	Miss A E Longbottom	192	194	386
Mrs J W Thomson	189	192	381	Mrs G R Henderson	192	193	385
Miss J E Chamberlain-Mole	186	190	376	Miss J P Baker	188	194	382
Total	1003	1062	1915	Total	1010	1069	1929

NSRA National Meeting, Bisley 1994

Home Countries International Match

The team this year had several new faces due to our shooters competing at the Commonwealth Games in Canada.

Match day dawned with rain and light wind. However, the sun gradually broke through about lunchtime and the wind picked up for the International Match.

The match started at 2 p.m. with a strong wind surging from 9 o'clock to 12 o'clock and varying strong to very strong, giving our wind coaches plenty to talk about (well done, Penny and Alex). We had a rifle malfunction at the start of the 50m detail which was cleared quickly without needing to claim extra time. (Bet you'll remember the safety catch next time, John). The 50 metres passed with

no other problems apart from the changing wind conditions causing several 8's and the odd 7.

The 100yd detail continued with no abatement in the wind conditions. Our new team members coped well with the match pressure and the wind conditions, posting scores well in touch with the 'old hands'.

When the official scores were posted, we were in 3rd place behind England and Wales. However, we found that Cyril had been credited with 18 off at 50m instead of our estimated 8 off. On challenging the score, we regained the 10 points which moved the team into 2nd place.

To finish, my thanks to all team members and coaches and congratulations to our 'new caps'. Well done!

W T Vaughan,
Captain.

Home Countries International Match							
England				Scotland			
	50m	100y	Tot		50m	100y	Tot
R M Fowke	188	189	377	W F Brown	183	183	366
A T Eustance	184	189	373	T F Hodgson	184	188	372
G A Hamley	185	189	374	W F Hamilton	188	187	375
J W Craven	192	188	380	J R Ward	190	184	374
J A Duguid	187	185	372	C G DeJonckheere	192	186	378
P G Strong	190	193	383	Mrs L D Martin	179	188	367
T P Elson	192	193	385	D J Lumsden	191	186	377
R W Jarvis	188	191	379	S M Henderson	184	183	367
M Phelps	192	191	383	M G Rennie	187	182	369
A Beck	187	177	364	J R Buchanan	188	184	372
			3770				3717
Captain	F Pickles			Captain	W T Vaughan		
Secretary	S D Stock			Secretary	C C Gall		
Wales				Jersey			
	50m	100y	Tot		50m	100y	Tot
H C Taylor	194	188	382	K DeGrouchy	188	189	377
P N Peters	188	187	375	G Proctor	180	187	367
D Thomas	186	190	376	P Ryan	189	183	372
N D Cox	187	191	378	P Quimby	182	187	369
P A Donovan	186	185	371	B De Gruchy	187	181	368
P A Sims	180	179	359	P Mallet	190	188	378
R S Hilborne	183	183	366	A Keraney	189	190	379
A S Germain	190	187	377	R Nott	178	170	348
G R Thomas	182	181	363	M Le Motte	182	175	357
I A Brown	182	185	367	P Rundel	182	189	371
			3716				3686
Captain	D A Allsop			Captain	B De Gruchy		
Secretary	E I Nicholl			Secretary	---		

Home Countries Women's International Match

The Women's team was seriously depleted by the absence of not only Shirley McIntosh and Trish Littlechild en route to Commonwealth Games in Victoria but also by the absence of several other team stalwarts. Karen Nilsen from St Anderws shot in her first Home Countries Women's International match at the end of a week of dominating 'D' class to find herself the only team member resident north of the border. No one present was so foolhardy as to infer that the other team members were any less Scots for 'a' that. The blood

was stirred and the team, also including Junior International Ruth Ronnie gaining her first Women's cap, dug deep in difficult conditions to come within 14 points of the winning England team.

Many thanks to Penny Curtis, Team Secretary and Reserve, for her hard work taking charge of the team, stickers, targets, score estimation, other general administration and morale. Congratulations to all the team for a sterling effort.

AMH

Home Countries Women's International Match											
England				Scotland				Wales			
	50m	100y	Tot		50m	100y	Tot		50m	100y	Tot
Mrs E Devine	187	187	374	Miss K L Nilsen	190	185	375	Miss R Chapman	179	185	364
Miss J Howden	187	186	373	Mrs L D Martin	179	188	367	Mrs J Brekke	185	179	364
Miss D Russell	180	189	369	Dr J M Bailey	186	180	366	Miss M Urresti	177	179	356
Miss A Longbottom	183	185	368	Mrs C Tighe-Ford	181	183	364	Ms J Davis	181	173	354
Mrs J Andrews	180	185	365	Miss R A Ronnie	179	184	363	Ms M Carew	171	181	352
			1849				1835				1790
Captain	Mrs S Fordham			Captain	Mrs L D Martin			Captain	Mrs W Phelps		
Secretary	Mrs E M Cowell			Secretary	Miss P S Curtis			Secretary	Ms M Riddett		

Home Countries Junior International Match

Home Countries Junior International Match							
England				Wales			
	50m	100y	Tot		50m	100y	Tot
J R C Simcock	194	191	385	D W F Phelps	185	186	371
L R Gartside	186	194	380	Miss J Brekke	185	179	364
K N Gibbons	189	190	379	Ms M Carew	171	181	352
			1144				1087

Scotland's participation in the Under-21 Junior match was curbed by the absence of a third eligible Scot in the Aggregate to join Karen Nilsen and Ruth Ronnie. This is the second year in which we have had to give this match a miss.

ALL UNDER-21 JUNIORS PLEASE NOTE that the SSRA has undertaken to pay 50% of the normal aggregate entry fees for the three junior SSRA MEMBERS eligible for this match (under 21 on 31st December 1995) attending the Bisley meeting according to

The Selection Committee will consider applications which should reach the Secretary by 1st July. Applications should be supported by scores in Grand Prix events. Scores at other outdoor competitions outwith the member's club may also be submitted for consideration. Also note juniors under 18 only pay £5.

Home Countries Three Positions International Match

For the first time since this match was started (at the behest of this Association), Scotland lost! Why so many of our top 3-P shooters wanted to go to the Commonwealth Games to win medals instead is baffling! Why they also had to take along others as friends and supporters was plain insanity! (Just kidding!)

Two new caps represented Scotland in this match alongside Ronnie Sellar, who only goes to Bisley for the 3-P Championship. After personal bests the day before on Rimfire in the Eley Inter-region match, Andy Coates and Gavin Walker acquitted themselves well on Century, where 3-P shooting comes as a shock to even the most experienced upright shooters. However, in the face of a really strong team from England, Ronnie, Andy and Gavin took a most creditable second place.

Home Countries 3-Position International Match					
England		Scotland		Wales	
K A J Parr	1127	R A Sellar	1121	M D Hopkins	1065
S Ross	1123	A M Coates	1086	M T Davies	1056
I J Potts	1115	W G R Walker	1076	B Pentland	1032
	3,365		3,283		3,153
		Capt. I Shirra-Gibb			

AMH

Coach Education

The most significant thing to have happened on the coaching front is that SSRA Council Member and GBTSF Coach Educator, Kevin Holland, has resigned from all his shooting activities for personal and family reasons. While this is a great loss to us all, we would like to take the opportunity to thank Kevin for all the work he did put in during his time on Council.

Kevin was to be helping John Buchanan to run a Primary Coaches course in Edinburgh in the early part of this year. Unfortunately John has had a heart attack and is now well on the way to recovery, but the course is on hold.

Meanwhile, we are doing our best to get things going again and will keep everyone informed as quickly as possible.

AMH

Sponsorship

Who says Shooting is a sport that can't attract sponsorship? Major sponsorship is very difficult but individual sponsorship is another matter. All it takes is a personal initiative. Current and recent individual sponsorships range from paid leave for Commonwealth Women's Champion Shirley McIntosh from **Coopers & Lybrand**; paid leave and financial support from **Scottish Widows** for Bill Hamilton; paid leave and financial support from **De La Rue Fortronic** for Donald McIntosh. Put together your shooting CV and your match and training plans, with budgets, and send them off. Nothing ventured, nothing gained!

DAMM

Scotland v Army Shooting Team, '94

After several failures to agree a place and time with the Army for their biennial visit to Scotland for this match, it shrank to a prone only event for two shooters from X, A and B and two more from C and D, over competitions 5 and 6 in the Bisley Aggregate.

Sadly, the Scots foursome dropped 20 more points than their opponents over the course of 6 cards each, a difference of less than 1 point per person per card.

This casts a shadow over the future of this match but we sincerely hope it is only a passing cloud.

AMH

	Comp 5	Comp 6	
Scotland			Agg
W F Hamilton	562	567	1129
T F Hodgson	573	551	1124
D R R Nicoll	549	556	1105
P S Curtis	531	530	1061
Team Total x 4800			4419
Army			
P Underhill	575	566	1141
A Cheese	568	555	1123
M Roberts	547	547	1094
A Graham	550	531	1081
Team Total x 4800			4439

Erratum : NSRA British Air Weapons Championships, '93

The Scottish Ladies Air Rifle Team at the Air Rifle Championships in 1994 was the first in modern times but not the first ever. There was however a considerably improved score and hopefully this is the beginning of a new era for Scottish shooting.

The first British Air Rifle & Pistol Championships Meeting was held at Cardiff in 1974. On that occasion, there was no Home Countries Ladies Air Rifle International Match shot. At the 2nd Championship in 1975, both Scotland and England produced a ladies team of three shooters. There was also a Ladies Air Pistol team of three and Mrs McKay shot in both the Air Rifle and Air Pistol Teams which were shot one after the other. The score was best forgotten and it was the old cards but at least there was a Scottish Ladies Team. It must have surprised the NSRA as the emblematic Badges were the same as for the International Team.

In 1976, the Air Rifle and Pistol Internationals were shot concurrently and therefore no Ladies Air Rifle Team could be raised but there was an Air Pistol Ladies Team again. In the International Match, a stalwart Scottish Shooter shot both rifle and pistol within the prescribed 1½ hrs!

The Air Rifle Team was
Dr J Bailey
Mrs J McKay
Mrs G Adams

The Air Pistol team was
Mrs J McKay
Miss S Stewart
Mrs M MacKie

Janet M Bailey
Ladies Air Rifle Team Captain, 1975.

Scottish Long Range Inter-Region Championship

The inaugural Long Range Inter-Region Match was held at Denwood on Sunday 19th September, with teams from 6 regions taking part. Fair weather (for September) and fine Denwood hospitality ensured that the day was worthwhile for all who managed to come.

In order to ensure complete coverage of the country, residence in a local government region was used rather than the existing county associations, and overall this made for a better balanced match. Borders and Dumfries & Galloway regions were combined due to an apparent lack of clubs in the latter, as were Orkney and Shetland, although that decision will have to be reviewed.

Borders and Dumfries & Galloway suffered a late call off and were unable to field a team, although Billy Mitchell was already in Aberdeen and shot anyway.

The event also suffered from being held at short notice, but well done to those regions who did put teams together, especially Tayside and Fife who found teams in less than a week. It will be held again next year (see Calendar on back page) so there are no excuses! Hopefully, Strathclyde, Shetland, Orkney, Western Isles and Exiles will all be represented.

The proceeds of this event will be used to purchase a trophy in memoriam of Bob Normand. This sum has been substantially and generously supplemented by donations several from the regions who were unable to raise a team. The trophy will be presented for the event next year. DAMM

Central							
	Card 1	Card 2	50m Total	Card 3	Card 4	100yd Total	Overall Total
G J B Winch	196	196	392	199	197	396	788
R Law	197	194	391	192	198	390	781
D P Sheridan	196	193	389	191	197	388	777
A F Mackenzie	196	196	392	190	194	384	776
W Moonie	194	192	386	189	192	381	767
H Rae	190	193	383	192	191	383	766
Team Total			2333			2322	4655
Highland							
H Simpson, Jnr	198	195	393	195	196	391	784
D Bremner	195	197	392	193	195	388	780
W H MacDonald	194	198	392	194	193	387	779
G Sutherland	191	191	382	192	199	391	773
Mrs B E Mackay	191	193	384	191	194	385	769
J Swanson	192	190	382	193	189	382	764
Team Total			2325			2324	4649
Grampian							
T S Hastings	193	200	393	198	198	396	789
A A Reid	196	197	393	197	192	389	782
I Shanks	195	196	391	194	193	387	778
C J Bruce	190	190	380	195	196	391	771
K M A MacMahon	194	193	387	193	185	378	765
J Lavery	197	190	387	186	191	377	764
Team Total			2331			2318	4649
Lothian							
W F Hamilton	197	200	397	193	194	387	784
C W C Ogle	195	194	389	196	193	389	778
Dr P Littlechild	193	195	388	194	190	384	772
D A M McIntosh	197	195	392	188	191	379	771
J R Buchanan	194	191	385	189	194	383	768
Miss L J Marlow	194	192	386	186	196	382	768
Team Total			2337			2304	4641
Tayside							
P Gray	194	198	392	198	196	394	786
Miss P S Curtis	189	189	378	195	190	385	763
H Caldwell	192	190	382	188	193	381	763
W J Ross	189	188	377	194	191	385	762
D Ross	187	187	374	195	187	382	756
W Gray	189	190	379	188	187	375	754
Team Total			2282			2302	4584
Fife							
Miss K Nilsen	194	191	385	189	188	377	762
J Godsell	192	192	384	185	192	377	761
J Hutchinson	193	191	384	185	192	377	761
I Halley	195	187	382	188	190	378	760
R Baldie	188	189	377	188	192	380	757
J Houston	190	192	382	184	187	371	753
Team Total			2294			2260	4554
Borders, Dumfries & Galloway							
W H J Mitchell	190	196	386	193	191	384	770
Team Total			386			384	770

15th Commonwealth Games, 1994 Victoria, British Columbia, Canada

The Coach's Perspective

It's all over for another four years, and all that we are left with are the MEDALS and the MEMORIES - the Shooters have the Medals and I have the Memories.

We picked out best team and still managed to end up with 2 somnambulists, 2 nymphos, 2 psychos and a dipso. Of course, that only became apparent after being stuck on an offshore island for 3 weeks, living out of a canvas bag. Our team management had certainly done a good job when selecting our accommodation - a 2 mile hike to breakfast followed by a 10 minute sprint with a haversack on my back and carrying 8 packed lunches to catch the 7.15 AM bus to the range. That's the fun of the Games.

Our training had gone reasonably well - at least we got David eating brown bread, squeezed Shirley back into her swimsuit, put Robin on his bike, reduced John's daily quota to 6 pints and re-awakened the sleeping giant from Kinross by getting Trish to do some brain surgery on him. Unfortunately, I couldn't do anything for Bill's dress sense.

Not a lot happened between arrival in Victoria and the competitions, except for Alister's new lenses appeared to have shrunk and now fell through the lens holders; Shirley's rifle couldn't stand the pace she was setting and gave up the ghost after a couple of days; the two-tone targets in the 10m range were not to Robin's liking; the swarms of wasps that darkened the skies whenever we were on the range; the baking sun which drew clouds of vapour off the backs of the full-bore shooters and the daily route march to the bus. Our team coped admirably with all this before they even met the opposition, seeking solace in Monty's in the evenings to top up on lost fluids.

However, cometh the hour and they were like coiled springs. Bodies honed to perfection and with razor sharp minds, they set about their tasks. Gold, Silver and Bronze medals to our two girls was story book stuff. Silver and two Bronze medals to the guys were equally welcome. Six medals the the Small-bore Rifle Team plus a Bronze to the Skeet Pair gave Shooting the biggest tally of medals in the Scottish Team by far. I must admit that I was very proud of them all, and had a lump in my throat on more than one occasion. Bob's whisky was a bit rough.

You will read elsewhere the results and scores and no doubt you will have your own thoughts about the level of performance. However, the bottom line is that you have to be on the firing point with a better score than your opponents on the day. That's what they did. No need for heroics.

The official team de-briefed should start the ball rolling for the next Games. I hope that the SSRA and STSF will begin to put in place the necessary structure for Kuala Lumpur 1998.

Victoria '94 was good fun, was a great experience, and thanks to the Team who did it for Scotland.

H Milne.

The Hard Facts

For those who haven't seen them already, here are the important statistics. Although the Scottish Target Shooting Federation have already stated that, as in previous years, matching the 1994 individual Bronze medal performances are the minimum requirement to be eligible for selection for the 1998 Games in Kuala Lumpur, it is not yet clear if that means the scores required to go into the final in third place (where applicable) or the score required to actually take a medal. Anyway, if you want to go to Malaysia in three years time, here are the qualifying scores based on the 60 or 120 shot course of fire as a starting point

C.G. '98 qualifying scores	Men	Women
Prone	591 x 600	585 x 600
Three Positions	1131 x 1200	566 x 600
Air Rifle	583 x 600	385 x 400

AMH.

Women's Events **10m Air Rifle**

Badge Match			x400
1	England	Louise Minett	388
2	Canada	Sharon Bowes	388
3	Canada	Christina Ashcroft	387

Individual Match			x400	UIT Final	x509
1	Cyprus	Fani Theofanous	387	101.7	488.7
2	Sri Lanka	K Wickremasinghe	385	103.5	488.5
3	Canada	Sharon Bowes	391	97.4	488.4

Pairs Match			x400	x800
1	Sri Lanka	P Ramanayake	387	
		K Wickremasinghe	384	771
2	England	Karen Morton	388	
		Louise Minett	383	771
3	Canada	Christina Ashcroft	385	
		Sharon Bowes	381	766

50m Prone

Badge Match			
1	Wales	Sue Hartop	590
2	Scotland	Shirley McIntosh	586
3	Australia	Sylvia Purdey	585
16	Scotland	Tricia Littlechild	569

Individual Match			
1	Scotland	Shirley McIntosh	586
2	Australia	Sylvia Purdie	585
3	Scotland	Tricia Littlechild	585

Pairs Match			x600	x1200
1	Australia	Kim Frazer	586	
		Sylvia Purdey	574	1160
2	Scotland	Shirley McIntosh	584	
		Tricia Littlechild	574	1158
3	Canada	Christina Ashcroft	583	
		Linda Szulga	575	1158

N.B. There was no UIT Final in the Women's Prone Event.

50m Three Positions

Badge Match			
1	Canada	Sharon Bowes	569
2	England	Karen Morton	568
3	Canada	Christina Ashcroft	565
4	Scotland	Shirley McIntosh	562
8	Scotland	Tricia Littlechild	555

Individual Match					
1	Canada	Sharon Bowes	574	92.4	666.4
2	India	Roopa Unikrishnan	566	96.5	662.5
3	Canada	Christina Ashcroft	570	91.6	661.6
7	Scotland	Shirley McIntosh	552	90.2	642.2
12	Scotland	Tricia Littlechild	537		

Pairs Match				
1	Canada	Sharon Bowes	572	
		Christina Ashcroft	571	1143
2	England	Karen Morton	570	
		Lindsay Volpin	562	1132
3	India	Roopa Unikrishnan	556	
		Kuheli Gangulee	554	1110
6	Scotland	Shirley McIntosh	549	
		Tricia Littlechild	546	1095

Men's Events 10m Air Rifle

Badge Match			
1	CAN	Jean-Francois Senecal	590
2	SCO	David Rattray	585
3	SCO	Robin Law	583

Individual Match			x600	UIT Final	x709
1	ENG	Chris Hector	587	98.9	685.9
2	CAN	Jean-Francois Senecal	584	99.0	683.0
3	ENG	Nigel Wallace	583	97.0	680.0
4	SCO	David Rattray	580	98.2	678.2
7	SCO	Robin Law	573	100.3	673.3

Pairs Match				
1	CAN	Jean-Francois Senecal	589	1166
		Wayne Sorensen	577	
2	ENG	Chris Hector	583	1161
		Nigel Wallace	578	
3	SCO	David Rattray	576	1145
		Robin Law	569	

50m Prone

Badge Match			
1	New Zealand	Stephen Petterson	593
2	Scotland	John Oliphant	591
3	Isle of Man	Harry Creevy	591

Pairs Match				
1	New Zealand	Stephen Petterson	592	1181
		Lindsay Arthur	589	
2	Sri Lanka	D Chandrasiri	591	1177
		Lakshman Rajasinghe	589	
3	Australia	David Clifton	588	1176
		Dean Turley	588	
4	Scotland	John Oliphant	589	1176
		Alister Allan	587	

Individual Match			x600	UIT Final	x709
1	New Zealand	Stephen Petterson	596	102.4	698.4
2	England	Jim Cornish	595	101.9	696.9
3	Canada	Michel Dion	591	103.6	694.6
7	Scotland	Alister Allan	590	100.6	690.6
21	Scotland	John Oliphant	581		

50m Three Positions

Badge Match			
1	Canada	Michel Dion	1150
2	South Africa	Daniel Henn	1142
3	Canada	Wayne Sorensen	1139
5	Scotland	Bill Murray	1128

Pairs Match				
1	Canada	Wayne Sorensen	1156	2300
		Michel Dion	1144	
2	Scotland	Alister Allan	1138	2271
		Bill Murray	1133	
3	England	Chris Hector	1136	2259
		Trevor Langridge	1123	

Individual Match		x1200	UIT Final	x1309
1	Canada Michel Dion	1139	95.2	1234.2
2	Canada Wayne Sorensen	1135	93.7	1228.7
3	Scotland Alister Allan	1131	93.8	1224.8
7	Scotland Bill Murray	1126	90.7	1216.7

Scotland's Medals

Sport	Gold	Silver	Bronze	Total
Shooting	1	2	4	7
Bowls	3	0	1	4
Boxing	1	1	1	3
Athletics	1	0	1	2
Wrestling	0	0	2	2
Swimming	0	0	1	1
Gymnastics	0	0	1	1
Weightlifting	0	0	0	0
Cycling	0	0	0	0
Badminton	0	0	0	0
Total	6	3	11	20

Shooting Medal Table

Country	Gold	Silver	Bronze	Total
Canada	8	7	7	22
Australia	10	5	4	19
England	2	7	8	17
New Zealand	2	4	3	9
India	3	2	2	7
Scotland	1	2	4	7
Cyprus	2	1	1	4
Northern Ireland	2	0	1	3
Sri Lanka	1	2	0	3
Wales	1	1	0	2
Guernsey	0	0	1	1

National NSRA Competitions Round-Up

Scottish Counties, Clubs and Individuals have fared well in the NSRA's competition programme over the last year, although it has been difficult to gain a clear picture since they do not publish results anymore and have ignored requests for results made by our publicity officer, Donald McIntosh.

On the county front, Lothian have continued to dominate the 3-Positions scene, winning the postal outdoor competition at the second attempt, and retaining Division 1 of the Inter-County 3P league in 1993/4. Unable to field a team at Bisley due to Commonwealth Games commitments, they are looking for the treble this year. The Provincial Cities & Boroughs competition, which has oscillated between Aberdeen and Edinburgh since 1986, is currently resident in the capital, as are all but one of the confined Scottish County trophies (there is one left at Denwood).

The club scene has been successful too, with Glasgow Rail winning Division 1 of the National Air Rifle Summer League in 1994, SRI winning Division 1 of the National Winter Prone league again (5 out of the last 6 years I think) and E U Alumni winning Division 1 of the Women's League and the Standing & Kneeling Winter and Summer Leagues.

SSRA Chairman Alister Mackenzie continued to dominate the NSRA's Scottish Short Range Championship, winning the Daily Record for the fourth consecutive year in 1994, while Bon Accord won the Scottish Cup and retained Division 1 of the Scottish "Dewar" League (24 years in a row?).

Lynda Marlow followed in Shirley McIntosh's footsteps, winning the British Women's Open Meeting Championship (The Flowers), which can be shot at either the Scottish or Bisley. Robin Law won the 1994 NSRA Short Range 3P Championship, with Shirley McIntosh winning the Women's section, and Fiona Rankin won the 1994 Women's Short Range Prone Championship.

There are probably lots of other successes, but the NSRA aren't being helpful, so I'm sorry if you've been missed.

Bon Accord have proposed to the NSRA that the semi-finals and final of the Scottish Cup, along with the final of the Daily Record, be held shoulder-to-shoulder. This proposal has the backing of E U Alumni, and if you want an input then you had better contact John Hoare at the NSRA soon! If it does happen then a number of "neutral" venues will be required. Have you got a big club room and at least six firing points? Let me know.

Donald McIntosh, Publicity Officer.

1994 Grand Prix Series

The Grand Prix series were modified by the addition of Olympic Finals to all events. Although not universally popular, overall these seemed to be enjoyed by most participants, and are after all very much part of UIT shooting these days. Cliff Ogle made an outstanding start, winning the first three Grand Prix events. Unable to take part in the Caithness of Grampian events due to Commonwealth Games commitments, he returned looking for a 4th victory only to have it snatched by Bill Murray with an outstanding performance at Gagie.

Grand Prix Order of Merit									
Name		Club	Denwood	Angus	Linwood	Caithness	Grampian	Gagie	Total
Ogle	C W C	E U Alumni	15	15	15			12	57
Murray	W A	E U Alumni		12	12			15	39
De Jonckheere	C G	Dumfries	6	10	2		2	8	28
Hodgson	T F	Dumfries		2	10		10	6	28
Lovie	E C	Bon Accord	8	4		10		4	26
Hamilton	W F	Watsonians		1		13	4	2	22
Simpson, Jr	H	Wick O S	10			1	8		19
Hastings	T S	Bon Accord	2	3	5	6	3		19
Law	R	Stirling R I	12	5					17
Shanks	I	Bon Accord	3			8	6		17
Lavety	J	Bon Accord	1				15		16
MacDonald	K M	Dulnain Bridge				4	12		16
MacDonald	W H	Clachnacuddin				12			12
Long	W J	Steeple						10	10
Seller	R A	Watsonians		9					9
Cole-Hamilton	W M J	Bon Accord			4		5		9
McIntosh	S J	E U Alumni			8				8
Mackenzie	A F	Stirling R I	4			3			7
MacMahon	K M A	Bon Accord		6					6
McIntosh	D A M	E U Alumni			6				6
Vaughan	W T	Selkirk			3			3	6
MacDonald	N B	E U Alumni	5						5
Sutherland	G	Wick Old Stagers				5			5
Marlow	L J	E U Alumni						5	5
Bremner	D H	Caithness				2			2
Lemon	N G	Glasgow Rail			1				1
Duncan	B A	Bon Accord					1		1
Nicoll	D R R	Watsonians						1	1

C & D Grand Prix Order of Merit									
Name	Club	Denn ood	Angus	Linwood	Caithness	Grampian	Gagie	Total	
Ross	W J	St Vigeans	6	10		6	6	6	34
Rae	M	Bon Accord		1	10		2	10	23
Ross	D	St Vigeans	10	4	6				20
Ross	H A	Watten				10	10		20
Brand	M D	Durris	4				4		8
Michael	J	Hawick		6					6
Swanson	J	Watten				6			6
Melvin	Mary	Bon Accord	3			1			4
McMillan	N	Glasgow Rail			4				4
Brown	B	Kinross & Milnathort					4		4
Boyes	J	Geo. Watson's Coll.		3					3
Walker	W G R	Springfield			3				3
Mackenzie	I	SRI				3			3
Sutherland	E	Geo. Watson's Coll.					3		3
Sheridan	D P	Kinross & Milnathort						3	3
Taylor	S J	Kemnay	2						2
MacSween	B	Dysart		2					2
Walker	D	Larkhall			2				2
Duncan	M	Banchory				2			2
Nilsen	K L	St Andrews					2		2
Farquhar	B A	Huntly	1						1
Scott	A	Geo. Watson's Coll.			1				1
Steele	N	Lanark					1		1
Watt	E G	Bon Accord						1	1

Apology from Anne

I sent out the results from the Angus and Gagie Grand Prix Meetings, with the help of John Silcox. Lindsay Allan has drawn my attention to a gaff in the results of the C & D Grand Prix final of the Angus Meeting. I messed up sorting the scores into order. It should be as follows. The amazing part is that while I assigned the wrong points here, I still got it right on the final Order of Merit.

Angus C & D Grand Prix Final								Tot	Pl	Pts
Ross	W J	St Vigeans	93	99	94	98	384	1	10	
Michael	J	Hawick	92	96	93	98	379	2	6	
Ross	D	St Vigeans	94	95	92	97	378	3	4	
Boyes	J	Geo. Watson's Coll.	92	93	97	96	378	4	3	
MacSween	B	Dysart	92	96	92	97	377	5	2	
Rae	M	Bon Accord	94	96	95	92	377	6	1	
Allan	J L S	Larkhall	96	96	94	91	377			
Davidson	T	Dysart	91	96	93	96	376			
Taylor	S	Kemnay	91	94	92	97	374			
Davies	N	Geo. Watson's Coll.	88	88	92	93	361			

The 3 Positions Grand Prix series suffered as a result GB Team and Commonwealth Games commitments by some of our small band of 3P shooters. The 4th event had to be cancelled as only one person entered (well done Dave Sheridan), and on one occasion the Olympic Final could not be held due to a lack of sufficient range personnel to ensure that the UIT final could be run safely.

3-P Grand Prix Order of Merit

Name		Club	I Dunwood	II Linswood	III Linswood	VI Dunwood	V Dunwood	Total
McIntosh	D A M	E U Alumni	4	10	6		10	30
Ogle	C W C	E U Alumni	10		10		6	26
Sheridan	D P	Kinross & Milnathort	3	3	1		4	11
Thomson	J	Appleton		6	2			8
MacMahon	K M A	Bon Accord		4	3			7
Sellar	R A	E U Alumni	6					6
Walker	W G R	Glasgow Rail			4			4
Watt	E	Bon Accord					3	3
Kennedy-Moffat	D M	Dumfries		2				2

A new addition this year, the Air Rifle Grand Prix series wasn't a huge success in terms of participation levels, but was enjoyed by those who did take part. The series will be run again over the 1995 summer season, with events at Linwood and Denwood. It has been suggested that this series would be better run over the winter however, and any contribution to this debate will be gratefully received. Additionally, if there are any other venues with at least 8 firing points and automatic changers, please contact the Grand Prix organiser, Bill Vaughan.

Air Rifle Grand Prix Order of Merit

Air Rifle Grand Prix Order of Merit						
Name		Club	I Linwood	II Dunwood	III Dunwood	Total
Law	R	Stirling R I		10	10	20
McIntosh	D A M	E U Alumni	10	4	4	18
Sellar	R A	E U Alumni	6			6
Rattray	D W	Glasgow Rail		6		6
Ogle	C W C	E U Alumni		3	3	6
Littlechild	P	E U Alumni			6	6
Morgan	S	Balerno & Currie	3	1	1	5
Rycraft	A	Glasgow Rail	4			4
Kennedy-Moffat	D M	Dumfries	2			2
Lovie	E C	Bon Accord		2		2
Marlow	L J	E U Alumni			2	2
Quintela	S	Dumfries	1			1

Linwood in Jeopardy

We very much regret that we are unable to confirm any dates for any of our events at Linwood. After taking advice from Glasgow Rail, we have put events at Linwood in obedience and are doing our best to find alternative venues. This will probably also mean changes of dates. The second 3-P Grand Prix, which is normally at Linwood has been transferred to Denwood. We will do our best to keep you up to date as the situation develops.

AMH

Centring in the Rear Sight.

Is it important? Let's see! One of the most fundamental things beginners are taught is to line up the aiming mark in the centre of the foresight, and the foresight in the centre of the rearsight. If this is done, and the sights are set

correctly, then, with a good let-off, the bullet should strike the middle of the target. Well, that's the theory. In practice, however, there are lots of things to go wrong, and one of them is that the foresight may not be

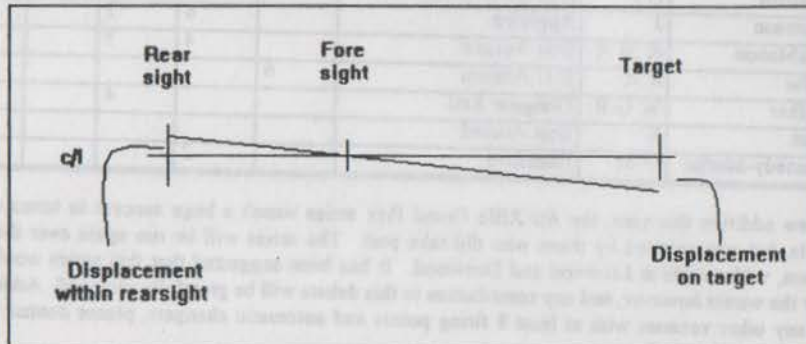


Figure 2 : Displacement of foresight in rearsight

exactly in the middle of the rearsight aperture. If it's not, then the bullet will be displaced on the target by an amount proportional to the displacement in the rearsight. This diagram above shows the effect.

The displacement at the target (DT) can be calculated by simple arithmetic using the displacement in the rearsight (DR), the distance between the rear- and foresights (SB for sight-base), and the length of the range being fired (R). The formula is -

$$DT = (DR \times R) / SB$$

The following tables below show the DT's for a variety of DR's at each range.

Short Range												
Displacement from centre of rear sight	15 yards (13.72m)				20 yards (18.29m)				25 yards (22.86m)			
	mm	mm	inches	bullet-widths	Scoring rings	mm	mm	inches	bullet-widths	Scoring rings	mm	mm
0.05	0.84	0.03	0.15	0.19	1.12	0.04	0.20	0.19	1.39	0.05	0.25	0.19
0.10	1.67	0.07	0.30	0.38	2.23	0.09	0.40	0.38	2.79	0.11	0.50	0.38
0.15	2.51	0.10	0.45	0.57	3.35	0.13	0.60	0.57	4.18	0.16	0.75	0.57
0.20	3.35	0.13	0.60	0.76	4.46	0.18	0.80	0.76	5.58	0.22	1.00	0.76
0.25	4.18	0.16	0.75	0.95	5.58	0.22	1.00	0.95	6.97	0.27	1.24	0.95
0.30	5.02	0.20	0.90	1.14	6.69	0.26	1.19	1.14	8.36	0.33	1.49	1.14
0.35	5.85	0.23	1.05	1.33	7.81	0.31	1.39	1.33	9.76	0.38	1.74	1.33
0.40	6.69	0.26	1.19	1.52	8.92	0.35	1.59	1.52	11.15	0.44	1.99	1.52
0.45	7.53	0.30	1.34	1.71	10.04	0.40	1.79	1.71	12.55	0.49	2.24	1.71
0.50	8.36	0.33	1.49	1.90	11.15	0.44	1.99	1.91	13.94	0.55	2.49	1.91
0.55	9.20	0.36	1.64	2.09	12.27	0.48	2.19	2.10	15.33	0.60	2.74	2.10
0.60	10.04	0.40	1.79	2.28	13.38	0.53	2.39	2.29	16.73	0.66	2.99	2.29

Long Range													
Displacement from centre of rear sight	50 yards (45.72m)				50 metres				100 yards (91.44m)				Displacement from centre of rear sight
	mm	mm	inches	bullet- widths	Scoring rings	mm	inches	bullet- widths	Scoring rings	mm	inches	bullet- widths	
0.05	2.79	0.11	0.50	0.19	3.05	0.12	0.54	0.19	5.58	0.22	1.00	0.18	0.05
0.10	5.58	0.22	1.00	0.38	6.10	0.24	1.09	0.38	11.15	0.44	1.99	0.36	0.10
0.15	8.36	0.33	1.49	0.57	9.15	0.36	0.63	0.57	16.73	0.66	2.99	0.54	0.15
0.20	11.15	0.44	1.99	0.76	12.20	0.48	2.18	0.76	22.30	0.88	3.98	0.72	0.20
0.25	13.94	0.55	2.49	0.95	15.24	0.60	2.72	0.95	27.88	1.10	4.98	0.90	0.25
0.30	16.73	0.66	2.99	1.14	18.29	0.72	3.27	1.14	33.45	1.32	5.97	1.08	0.30
0.35	19.51	0.77	3.48	1.33	21.34	0.84	3.81	1.33	39.03	1.54	6.97	1.27	0.35
0.40	22.30	0.88	3.98	1.52	24.39	0.96	4.36	1.52	44.60	1.76	7.97	1.45	0.40
0.45	25.09	0.99	4.48	1.71	27.44	1.08	4.90	1.71	50.18	1.98	8.96	1.63	0.45
0.50	27.88	1.10	4.98	1.91	30.49	1.20	5.44	1.91	55.76	2.20	9.96	1.81	0.50
0.55	30.67	1.21	5.48	2.10	33.54	1.32	5.99	2.10	61.33	2.42	10.95	1.99	0.55
0.60	33.45	1.32	5.97	2.29	36.59	1.44	6.53	2.29	66.91	2.64	11.95	2.17	0.60

The average rearsight aperture will be something like 1.0 - 1.2mm, so it can be seen that 'moving' the foresight halfway over to the edge of the aperture, say 0.25mm, will result in a displacement of over a quarter of an inch at 25 yards, and over half an inch at 50m. Important? I think so!

Getting back to practicalities... For this exercise, it was assumed that you execute the shot perfectly, that you have perfect ammunition, a perfect barrel and perfect alignment of foresight with target. Aligning the foresight in the centre of the rearsight is often one of the last things you think of checking. Visually, your attention is on the middle area of your field of vision. You're getting ready to release the shot, your eye is focussing on the foresight, certainly not any closer, and the rearsight aperture is a dark shadowy mass. It takes a conscious effort to adjust your vision to check that all is well. So how did you get consistent shots in the first place? By relying on a correct head position and an autonomous sensor response which will tell you it's OK, or otherwise. If your head is not comfortably located on the cheekpiece, and this applies to all positions, and you are working, even straining, to keep the rearsight in front of your eye, then it will be so much harder to get, and keep, it in exactly the same place each time. How do you develop a sufficiently reliable head position and a sense of when it's right or wrong? By getting your rifle's cheekpiece to fit you, then training and keeping on checking! Sometimes, hard work is the only way...

Bill & Anne Hamilton

Holiday Home to Let

Bonar Bridge, Sutherland. Scenic, quiet village. Self-catering. Sleeps 6. Ideal for touring north. Golf, fishing, walking. Details from Miss M Lobban, [redacted] Tel. No. [redacted]

**Scottish Target Shooting Federation
1994 Air Weapons Championships
Inverclyde Sports Centre, 8th - 9th October**

The SSRA joined forces with the Scottish Pistol Association once more to run the Air Weapons Championship at the Scottish Sports Council's Inverclyde Sports Centre in Largs. Although the entry was down on the previous year (partially due to the clash with the Welsh Open a week later), competitors from England, Wales, Northern Ireland and the Isle of Man joined a dedicated band of locals in a close competition. Most encouraging was the sight of a party from FetLor Boys Club in Edinburgh who thoroughly enjoyed the meeting. Encouraging such organisations to support the meeting, and indeed to become involved in shooting at all, is essential if our sport is to grow.

The main results are shown below :-

Class A Aggregate			Class B Aggregate		
D W Rattray	Glasgow Rail	1171	A Lewis	East Antrim	1105
R Law	Stirling RI	1166	P Gray	Steeple	1100
I J Potts	Ham & Petersham	1145	C W C Ogle	E U Alumni	1095
Class C Aggregate			Class D Aggregate		
J Rodgers	East Antrim	1071	A McCallum	Fetlor	988
E G Watt	Bon Accord	1054	S MacDonnchadha	Balerno & Currie	877
P Page	East Antrim	1040	S Rillie	FetLor	764

Open Championship					Open Women's Championship				
R Law	Stirling RI	583	98.2	681.2	H F Jones	Burton	379	95.3	474.3
I J Potts	Ham & Petersham	579	101.9	680.9	S J McIntosh	E U Alumni	377	96.3	473.3
D W Rattray	Glasgow Rail	579	100.1	679.1	J Malcolm	Torfaen	373	98.2	471.2

Open Junior Championship				
A Rycraft	Glasgow Rail	528	94.2	622.5
A McCallum	Fetlor	488	84.7	572.7
S O'Neill	Fetlor	416	66.0	482.0

Scottish Confined Champion	David Rattray Glasgow Rail
Scottish Confined Women's Champion	Mrs S J McIntosh E U Alumni
Scottish Confined Junior Champion	Andrew Rycraft Glasgow Rail

Home Countries International					
England		Scotland		Northern Ireland	
I J Potts	579	R Law	583	R Clarke	559
H F Jones	572	D W Rattray	579	A Lewis	553
G McHugh	553	P Littlechild	539	C W C Ogle	546
	1704		1701		1658
					1646

Sports Science & Sports Medicine

Those of you who attended the AGM of the Association or who managed to see any coverage of the Commonwealth Games may be aware that the 1994 Scottish Team which went to Canada was, to use the words of the General Team Manager, "the best prepared team to ever represent Scotland at the Commonwealth Games". So why was this team any different from previous teams? In 1990, the Scottish Sports Council (SSC) and the Commonwealth Games Council for Scotland (CGCS) got together and decided that funding for training the Games team was required. As well as providing a great deal of financial support, the SSC also offered its services to provide Sports Science and Sports Medicine support. This latter involved advice from psychologists, physiotherapists, opticians, nutritionists and podiatrists, some of whom worked with the squad over a long period of time. There follows an outline of some of the advice and assistance which was given. Much of this has application in everyday life and no-one should feel that it only applies to the top athletes.

Eye Sight

It is often believed that shooters must have very good eyesight to be any good. Fortunately for me, this is fallacy. What is needed, however, is properly corrected eyesight. C J Black, opticians, sponsored the Games squad through their Sports Vision Clinic in Glasgow. Each squad member received a detailed eye test which did not stop at the normal visual acuity testing. Hand-to-eye co-ordination, reaction times, perception, focusing speed and peripheral vision were all tested and a detailed report produced for each person. Using this data and other data which was obtained at the last Olympic Games, Blacks have drawn up a schedule showing which aspects of vision are important for various sports. Those of us who required correction also received assistance on selecting the right kind of correction, whether it be contact lenses or glasses, and regular check ups up to the date of departure.

The Sports Vision Clinic is open to the public and, for a small fee, £15 I think, anyone can receive the same test which we had. Finding that sight picture a bit fuzzy these days? Maybe it's time you had your eyes tested.

Nutrition

It is probably common knowledge that weightlifters have special diets, as do athletes. However, I don't expect many people think that this also applies to shooters.

Gillian Lockie, a freelance nutritionist, soon put us right on that score. Food gives us energy in the form of calories and these are essential to keep us going. As we move about we use energy, i.e. calories, and therefore need to take in more calories through food. If we take in fewer calories than we use then we lose weight and if we take in more calories than we use then we put on weight. Food contains three elements which generate calories, carbohydrate, fat and protein. Carbohydrate is the most important of these elements and should make up the bulk of the diet. Approximately 60-70% of energy should be made up from carbohydrate, with 20-25% from fat and 12-15% from protein.

Carbohydrate is stored in the muscles as glycogen and, during exercise, the glycogen is broken down into glucose to supply the muscles with energy. Exercise includes any movement using muscles but obviously, the more strenuous the exercise, the more glycogen is used. Stores of glycogen are limited and when these stores become depleted there is less available energy to continue exercising. Obviously, to delay the point at which fatigue sets in, full stores of glycogen are necessary before exercise starts. It is therefore essential to refuel after training or strenuous exercise. Carbohydrate is made up of two main forms, sugar and starch. Starches are longer chains of glucose and are released more slowly. Sugar is released quickly and is therefore useful for a quick energy fix when you are running out of steam. But, beware of eating too much sugar immediately before exercise because the quick release of energy also means that you run out of energy sooner than with complex carbohydrates like starch. Many sugary foods also contain high levels of fat and care should be taken when deciding which sugars to eat.

Each gramme of carbohydrate generates 4 calories while each gramme of fat and protein generates 9 calories. Thus 100g of carbohydrate will contain fewer than half the number of calories of 100g of fat.

After eating a meal which is high in carbohydrate, you will feel just as full as if you had eaten a meal which is high in fat. But the high carbohydrate meal will contain fewer calories and unless the energy requirement drops, body weight will fall. Quite simple really!!!

It was therefore important to ensure that we were all eating an appropriate mix of foods which would give us high levels of carbohydrate so that we had sufficient energy to complete a course of fire and not be fatigued at the end of it. One member of the squad had noticed that the last 10 or 20 shots of the course of fire were always considerably worse than the earlier part of the shoot. The diet was analysed and it was felt that this problem was due to fatigue. Alterations were made to the diet and a considerable improvement was experienced in energy and performance levels towards the end of the shoot.

The other aspect on which Gillian gave us advice was fluid intake. As you know, when you get hot, you sweat and this results in fluid loss. This can lead to heat exhaustion, fatigue and then impaired performance. This can happen in any country, particularly when you consider the amount of kit which we put on to shoot, even in summer! Victoria was known to be hotter than Scotland and so it was of vital importance that we all got into the habit of drinking a lot all the time but particularly during competition. Drinks containing carbohydrate combined both the energy requirements and the fluid requirements. Too much fluid sitting in the stomach during competition would be very uncomfortable and so isotonic drinks were preferred as these are absorbed into the body faster than plain water.

Sensible diet is important for all of us, not just those who are top athletes. Gillian's advice is therefore of practical use to everyone.

Next time - Podiatry, Psychology, Physiotherapy and the SCATT.

Shirley J McIntosh

For Sale

Anschutz 1813, Case 49"x9"x4", Sling (black), Glove (Anschutz medium), Foresight Spirit Level, Mat (Buttstop), Scope (NSRA 22x60 angled eyepiece) + accompaniments: £700 o.n.o. complete, may split. Tel Evan Blake [REDACTED]

Mouche Shooting Trousers, in good condition, will fit ~30" waist or dress size 14., £100 o.n.o. Contact Anne Hamilton on [REDACTED]

Assorted Kit arising from retirement sale including **Double Gun Case** (£50), **Security Cabinet** for 4 guns (£60), **Leather Slings** (£10ea.), **Surrey Guns Handstop** (£8), **Flat sling hook** (£1), **Butt Spacer** (£1), **Wooden Ammo. Box** (£5), **Foresight Adaptor** for perspex elements (£8), **Anschutz anatomical handstop** (£20), **Scope** with straight and angled eye-pieces (£90), **Paramount Scope Stand** (£85), **Book** : Shooting Sport Research (NRA of America) (£6), **Video** : Standing Air Rifle (M Stich) (£15). **Contact David Sheridan on [REDACTED]**

International Review

In addition to the matches such as Dortmund and Munich Airgun used by the Scottish team in preparation for the Commonwealth Games, a number of the squad also participated matches abroad as part of Great Britain teams. Bill Murray kicked off early in April, attending the World Cup at the home of American shooting, Fort Benning, in the state of Georgia. 28th place with 1146 in the 3x40 was his best international 3-P result so far, but 586 could only earn 56th place in the Prone.

May saw Tricia Littlechild and Shirley McIntosh in Munich with a British Women's squad, taking part as a guest team in the German Women's Inter-Region championship. Shirley came 9th in the 3x20 with 567, missing the final by 1 point, and produced an equal Scottish record of 593 in the prone, taking 2nd place in the individual and leading the British ladies team home to 1st place. Tricia's 553 and 581 earned her 18th and 19th places in the 3x20 and Prone respectively. At the same time, John Oliphant was in Milan at the first of the two European World Cups, 592 getting him through the eliminator but a final round of 588 was only good enough for 32nd place.

Both John and Shirley then moved straight on to Barcelona, where a World Cup was being held on the re-built Olympic range. With no Women's Prone in the World Cup programme, Shirley was faced only with the 3x20 match. Although the prone and standing bits went well, the less said about the kneeling the better, 561 giving her 42nd. John fared slightly better than in Milan, 587 in the eliminator getting him to the final round where 590 gained 30th place.

Both John and Shirley returned to Europe in July, for the World Championships in Milan. John did not have a happy time, his 588 missing the cut in the elimination round by 1 point. Shirley cruised her eliminators with 586 in the prone and 558 in the 3P, helped by shooting fast kneeling as a thunderstorm came in. In the Women's prone, Shirley almost produced the goods, but lost a medal by dropping 4 points in the last 7 shots for 9th place on 589 (5th equal but split on countback). Significantly, she was miles ahead of every other competitor from a Commonwealth country. The 3x20 was less successful and she ended up in 47th place with 560.

With Malcolm Cooper now at the helm of the NSRA International Committee, the new .22 squads were announced at the end of 1994. Only Shirley retained 'A' squad status and she has now been selected for 1995 World Cups in Havana, Munich and Milan. John Oliphant and Bill Murray have dropped to the 'B' squad, with Bill Brown also being added and Robin Law dropping out of the cartridge squad. Subsequently Tricia Littlechild was also been added to the women's 'B' squad. With Bill Murray having departed for Australia, John and Bill Brown have been selected for the British team to attend Dortmund and Robin went to Munich Airgun, where his scores secured him a place at the European Air Championships in Helsinki. Slots for the European Championships currently planned for Zagreb remain up for grabs, and will only be selected once some of the earlier matches are completed.

DAMM

UIT Calendar

April/May	24-4	World Cup	Seoul
May	4-12	World Cup	Hiroshima
June	8-16	World Cup	Munich
June	16-24	World Cup	Milan
July/August	25-6	European Championships	Zagreb
Aug/Sept	30-4	World Cup Final	Munich

**Scottish Small-bore Rifle Association
Certified Score Form**

Shooter		
Competition		
Date		
Organising body		
Venue		
Referee		
Please circle one: <u>Organiser/Scorer/NSRA Witness/Other</u> (Please specify)		
Address		
Phone No	Postcode	
Prevailing Conditions Orientation of wind (e.g. from the North) :		
Wind Conditions (Stability and Strength) :		
Light Conditions (Brightness and Variation) :		
Organisation Was the competition run to UIT regulations? YES / NO If no, how was it run? _____ _____		
Was Drug and Doping Control in operation? YES / NO If yes, was this shooter tested? YES / NO		
Top 3 scores in the competition		Referee's signature
1.	Name	Score
2.		
3.		
		Date

Return completed forms to the Secretary, Mrs A M Hamilton, [REDACTED]

Training Squads

The Association has formed two training squads this year.

The 'A' squad is being aimed at the 1998 Commonwealth Games, and consists basically of three people per discipline, with extra Male Prone shooters being added. The 1994 Games Rifle Coach, Harry Milne, is once more looking after the Games preparation and the squad have met twice already this year. This squad is not static, and the membership of it will be reviewed in October each year following C.S.F.(E.D.) Trials and Championships. The Selection Committee have agreed that promotions and demotions to and from this squad will not be considered before October this year. Members of this squad will receive support from the STSF's Performance & Excellence grant.

'A' Squad	
W F Brown	P Littlechild
W F Hamilton	L J Marlow
T F Hodgson	S J McIntosh
R Law	J Thomson
D A M McIntosh	
J D A Oliphant	
D W Rattray	
R A Sellar	
H Simpson, Jr	

The Selection Committee believes it has a responsibility to form squad whose composition according to discipline and gender reflects that of a Commonwealth Games or C.S.F.(E.D.) representative team. A strict limit of 12 squad members will be applied. All 'A' Squad members will be required to have achieved Commonwealth Games qualifying scores in at least one discipline **except** in the contingency where no qualifying scores have been achieved in a given discipline, in which event Scottish and/or Great Britain ranking will be the prime criteria for selection to the squad.

Commonwealth Games Qualifying Scores	Men	Women
Prone	591x600	585x600
3-P	1131x1200	566x600
Air Rifle	583x600	385x400

'B' Squad

The 'B' squad is more akin to the training squad of old, with a mixture of gender, age, proficiency and experience. Although usually thrown open to nominations, this squad was selected earlier in the year in order to get things moving. Kevin Holland was to have been the boss man here, but following his resignation the onus has fallen back onto Cyril De Jonckheere, aided by Harry Milne and Adam Gordon. It should be emphasised that it is still possible for names to be put forward for inclusion in this squad, and any such nominations should be made to the Selection Committee via the Secretary.

B Squad	
C J Bruce	S M Bell
A M Coates	S M J MacDonald
W M J Cole-Hamilton	B E Mackay
A J Horne	K L Nilsen
W J Long	F M Rankin
E C Lovie	
A Rycraft	
K M A MacMahon	
W G R Walker	
D P Sheridan	
J R Silcox	

DAMM/AMH

Travel Grants

While there is a hectic domestic programme of events in Scotland, it is recognised that some shooters will feel the need to travel south in search of better conditions and/or automatic target changers. To this end, applications are invited for "travel grants", which will make a contribution to the travelling expenses of the individual concerned. Eligible events must be located outside of Scotland. Only those eligible for selection in the junior team at Bisley should apply with regard to the National Meeting. All awards are at the discretion of council, and there is not a bottomless pit of money here!

AMH

SCOTTISH SMALL-BORE RIFLE ASSOCIATION

Member of the Scottish Target Shooting Federation
Member of the Scottish Sports Association
Affiliated to the National Small-bore Rifle Association

Supported by
**THE
SCOTTISH
SPORTS
COUNCIL**

Chairman
A F Mackenzie

Secretary
Mrs A M Hamilton

Association Clothing Order Form

		Price	Quantity	Amount
Sweatshirts Blue with white logo	S	£10.00		
	M	£10.00		
	L	£12.00		
	XL	£12.00		
T-shirts White with blue logo	S	£6.00		
	M	£6.00		
	L	£6.00		
	XL	£6.00		
Coat badges	Wire embroidery	£7.50		
	Thread embroidery	£4.00		
Tie, woven-in design		£6.00		
Enamel Button badge		£1.00		
Decals		50p		
Embroidered Lambswool Sweater, 1 ONLY	Navy	£10.00		
Customer Name and Address :	Post & Packing (£1 per sweatshirt 75p per T-shirt or tie maximum £3 per order)			
	Total remittance			
Delivery address (if different)	I enclose a cheque/postal order for £ _____			
	Signature _____			
Send with payment to J R Silcox, _____				

NSRA British '95 Air Rifle Championships Aldersley, 10th - 12th February 1995

Home Countries International, 1995

Due to the luck of the draw, not only was I was in my first Air Rifle International team, but I was on the 8:30 am detail. Trouble at Lilleshall finding breakfast didn't help settle my stomach and a performance well below par was produced. Shame about the first 10 and last 5 shots, the rest was about average... However, with Ian Potts also having a poor shoot and David staying in touch with Chris Hector, we soon realised that if Robin could re-produce the form of Saturday's aggregate (where he equalled his own Scottish record of 587) against the unknown J Ward, then we were in with a chance. And that's just what Robin did, pulling us back 14 points to snatch victory by 4 and allow us to retain the Colonial Trophy. I was impressed enough at winning the match last year, but to win again, even with my disastrous score, was a real plus. Thanks to Robin & David for bailling me out. Next year I'll get it right... It should be noted that these scores put my team-mates into 1st and 3rd place *before* the UIT final. Don't ask Robin about the last two shots in that final!

Donald A M McIntosh
Captain

Home Countries International							
England		Scotland		Northern Ireland		Wales	
C Hector	583	R Law	585	R Clarke	560	M Blake	572
J B Ward	571	D W Rattray	581	A Lewis	561	A Lawrence	571
I J Potts	566	D A M McIntosh	558	C W C Ogle	538	M Davies	563
	1720		1724		1659		1706

Home Countries Women's International, 1995

Last year was the first attempt for all of us at this meeting and we were surprised by how poor the scores of the English team were. We lost that match by only 28 points with Lynda suffering from some dreaded lurgy. After that match we felt that with a year's practice we could come very close to beating them. However, this didn't take Louise Minnett into account. Louise, still a junior, broke the British Senior Ladies record with her score of 391 and with Hayley Jones and Tessa Lunn shooting better than our best, we were conclusively stuffed. However, Lynda and I made it to the final in 7th and 6th places respectively with Tricia just missing out on a final place by a point. I managed to shoot a fairly good final and overtook Tessa Lunn to 5th place, but Lynda didn't fair quite so well. The experience will have done both of us a lot of good.

My comment last year about the scores being rubbish still stands (with the exception of Louise) and I would urge any women out there interested in air rifle to do something about it NOW. Remember there were no Scottish women shooting air rifle at the Commonwealth Games last year, so you have slightly less than 3 years to get up to speed before Kuala Lumpur.

The other McIntosh
Women's Captain

Home Countries Women's International			
England		Scotland	
L Minett	391	S J McIntosh	375
H F Jones	377	L J Marlow	371
T Lunn	375	P Littlechild	370
	1143		1116

SSRA 1995 Calendar

Revised at 15 June 1995.

June			
8 - 16	World Cup, Munich, Germany		
17	3-P Grand Prix II	Denwood	AMH
24 - 25	NSRA Dewar Trials & Match	Appleton	----
30	PAA Match, Lauder	Lauder	AMH
July			
1 - 7	Scottish Meeting, Lauder	Lauder	NSRA
8	Borders Grand Prix III, Lauder	Lauder	AMH
15 - 16	Army v Scotland, Ash	Ash	AMH
22 - 23	Caithness Open & Prone Grand Prix IV	Wick	JM
29	CSF Trials (Men's Prone Stage 1, & Women's 3-P)	Denwood	AMH
30	CSF Trials (Men's Prone Final, & Women's Prone)		
August			
5	CSF Trials (Men's 3-P)	Denwood	AMH
6	CSF Trials (Men's & Women's Air Rifle)		
11	Inter-Regional Squad Match	Bisley	AMH
12 - 19	Bisley Rifle Meeting	Bisley	NSRA
26	3-P Grand Prix IV	Denwood	AMH
27	Grampian Open & Prone Grand Prix V	Denwood	JL
30 - 04	World Cup Final	Munich	----
September			
3	Gagie Open & Prone Grand Prix VI	Gagie	PG
9 - 10	NSRA National/Regional Squad Trials	Bisley	NSRA
9	3 - P Grand Prix V	Denwood	AMH
10	Air Rifle Grand Prix III	Denwood	AMH
	Outdoor Inter - Region Match	Denwood	AMH
October			
7 - 8	STS Air Weapons Open Championships	Inverclyde	AMH
29	SSRA Annual General Meeting	Perth	AMH

Contacts

Please send entries off in good time.
Please, if you have to phone, not too late!

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[Redacted]

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