

Scottish Small-bore Rifle Association Newsletter, January, 1993.



Editor : A W Hamilton, [REDACTED]

Accompanying this newsletter, you will find the minutes of the AGM, the audited Accounts and a duly-amended Constitution.

Among the main business of the AGM was the election of the Council for 1992-93 which fell short of a full complement by one Treasurer and one ordinary Council Member. However, the Meeting formally amended the Constitution to empower Council to co-opt to fill Council vacancies.

On behalf of all Council and Members, our appreciation for their endeavours goes to retiring Council Members Shirley McIntosh, Donald McIntosh and Nick Baker. As can be seen from the Secretary's report in the minutes of the AGM, Council Members give a considerable amount of their time and energy to the Association.

The main excitement of the AGM surrounded the debates on the subscription fees proposed by the out-going Council and on the out-going Treasurer's recommendations, which were also circulated in her article in the October Newsletter. An important introduction was the £5 membership fee for members under 18 years of age. A motion was also passed requiring all squad and team members to be members of the Association.

At the end of the 1992 outdoor season, the Commonwealth Games Training Squad was selected by the Selection Committee and three sessions have already been held this winter with a busy outdoor season ahead.

The summer season will include the selection trials for the small-bore rifle shooters for the Commonwealth Games. The Calendar on the back page of this Newsletter includes the trials programme and the Commonwealth Games article provides information on how the selection will be made.

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Have you renewed your Sub? Does your membership number, below your name, on the mailing sticker start with "92"? If not turn to page 7, fill that form and post it today! This is the last mailshot which will include 1991-92 members. We don't want to lose you but we can't afford to support non-subscribers either.

Check out the Membership Incentive too!

Please note a change of date
3-P Championship final
Saturday, 1st May

The 1992 A.G.M.

This summary is not meant to save you the trouble of reading the minutes but rather to draw your attention to the more important matters which require your attention. First, the new Council :

Chairman	C G DeJonckheere	Dumfries	SW	Council	John Curtis	Perth	C
					Angus Dick	Inverness	N
					Gavin Lemon	Glasgow	SW
Vice-Chairman					Alister Mackenzie	Stirling	C
	C W C Ogle	Edinburgh	SE		David Sheridan	Kinross	C
					John Simpson	Glasgow	SW
Secretary					Bill Vaughan	Selkirk	SE
	A M Hamilton	Edinburgh	SE				
Treasurer							

With Shirley withdrawing from Council to pay attention to her shooting career and her family, the Treasurership became vacant but no nominations were made and the post is open. Meanwhile, the Secretary will look after the books. Also only seven ordinary Council members were elected, which is one more than last year. However, among the changes to the Constitution proposed by the outgoing Council, clause §5(f) was passed and empowers Council to co-opt further Council members as required.

The AGM discussed the subscription fees proposed by the out-going Council at considerable length. The debate weighed the principles of attracting all Scottish Shooters by holding the subscription as low as possible against the financial pressures on the Association in the cost of meeting the commitments of the SSRA as a governing body as set out in the AGM. The meeting also discussed the retiring Treasurer's recommendations on the membership structure. In the end the economic argument prevailed and the Treasurer's recommendations were endorsed. Thus the £10 subscription was passed with the bloc rate being set at £7.50, to be reviewed after a further year. The motion in the Treasurer's package that all team and squad members are required to be members of the Association was also passed. In addition, it was agreed to enrol members under 18 years of age at £5.

Changes were made to the Constitution to clarify the boundaries of the zones to which Council Members are designated. These zones, previously those "recognised by the NSRA for National Meetings in Scotland", were not definitive and since the NSRA abandoned their practice of holding the Scottish in each zone in rotation, they have become fuzzier than ever. The change to the Constitution redefines the zones, still North, Central, South-West and South-East, in terms of the Scottish Regional Councils at the time of the 1992 AGM. The change also clarifies that a Council Member's designated zone is determined by his place of residence and not by the club(s) to which he belongs.

The AGM was not an entirely sombre affair. There was time to congratulate Adam Gordon and the members of the Denwood Range Association on the new ranges, which opened at Easter.

Time was also found to congratulate the Home-Countries International teams on winning the prone matches at both the Scottish and at Bisley and also the 3-P match at Bisley.

John Oliphant was also congratulated on winning the Big Four, i.e. the Scottish Meeting Aggregate, the Haig, the Bisley Meeting Aggregate and the Roberts, and on being selected directly in the the Great Britain Prone 'A' Squad.

This AGM was very well attended by the standards of recent years, hopefully a good indication of a growing interest in the Association.

There's lots more in the Minutes - see for yourself.

A M H

Commonwealth Games Victoria, Canada, 1994

At the end of the 1992 outdoor season, the Commonwealth Games Training Squad small-bore rifle was selected by the SSRA Selection Committee. The 1994 Games will include for the first time separate events for Women in prone and 3-P small-bore rifle and three women met the required standard in the squad selection. The Training Squad members are :

Men	Women
W F Hamilton	P Littlechild
T F Hodgson	S J McIntosh
A J Horne	S J Noble
R Law	
A F Mackenzie	
D A M McIntosh	
W A Murray	
J D A Oliphant	
D Rattray	
R A Sellar	
I Shanks	
H Simpson, Jnr	
G J B Winch	

Three training sessions have already been held this winter with a busy outdoor season ahead. The main event this summer will be the Trials in July.

It is important to note that Games Training Squad members are not guaranteed a place in the trials and also to bear in mind that the actual team selection is made by the Commonwealth Games Council for Scotland (CGCS), which invites the Scottish Target Shooting Federation (STSF) to make nominations for the Shooting places in the team. The STSF invites the member associations to nominate team members for their respective disciplines. The CGCS requires that all nominated team members in all sports meet a qualifying standard of a bronze medal score at the previous Games. Thus the qualifying scores for the Men's small-bore and air rifle events are :

Prone	590 x 600
3-P	1143 x 1200
[Air]	577 x 600]

In the absence of separate women's events in Auckland in 1990, the following qualifying scores have been recommended for the women's events in Victoria, based on performances of leading women shooters in the Commonwealth :

Prone	583 x 600
3-P	558 x 600
[Air]	380 x 400]

A qualifying score is a pre-requisite for a place in the selection trials and must be achieved in an approved events, as set out in the June Newsletter last year. All SSRA Grand Prix meetings are recognised and three prone and three 3-P Grand Prix during May and June will give aspiring trialists their final opportunities to record (more) qualifying scores.

Men's Prone

Subject to qualifying scores, up to 32 shooters will be invited to the Men's prone elimination trial, from the leading 20 in the 1992 Grand Prix series the leading 7 in the 1993 series and 5 others invited by the Selection committee. These shooters will be eliminated to 12 over a double English Match and these shooters further reduced to 6 in a second double English Match plus UIT final for the final trial of one English Match plus UIT final.

Two week-ends have been reserved for these elimination and final trials. While it is hoped that the number of trialists will allow the elimination trials to be completed in one week-end but it may be necessary to hold the second stage of the elimination trial on the first day of the second week-end. We can only wait and see how many trialists we have after the 3rd Grand Prix.

Men's 3-P

All those who have achieved qualifying scores by the 3rd 3-P Grand Prix will be invited to the trial for which one week-end has been set aside. The trial will consist of a 3x40 course of fire each day plus a UIT final on the second day.

Women's Prone

This trial will take the same form as the Men's Prone trial with the proviso that the elimination stage will only be required if there are more than 6 shooters with qualifying scores.

Women's 3-P

This will take the same format as the Men's 3-P trial except that the course of fire will be 3x20 instead of 3x40.

Air Rifle

The selection for air rifle is thorny at the moment because the governing body authority for air rifle rests with SARPA. However, meetings of SSRA Council members with SARPA and STSF during the last year have raised the possibility of SSRA resuming this authority, which would result in SSRA being responsible for air rifle selection. Council have indicated that, should this come about, trials would be held, probably during September, for all air rifle shooters who have recorded qualifying scores.

The next regular meeting of the STSF in February will discuss where the authority as governing body for air rifle should be vested and will hopefully resolve the matter and the outcome of the meeting will be reported in the next Newsletter.

Will all interested shooters please ensure that the Secretary has a record of all qualifying scores achieved at events other than Grand Prixes? If we don't know about your efforts, you may as well not have bothered.

If you need further clarification, please refer to the June Newsletter or contact the Secretary for further information.

The Calendar for 1993 on the back page of this Newsletter sets out the dates reserved for trial week-ends and also the dates for the 1993 Grand Prix Series, both prone and 3-P. Check out your shooting diary NOW!

A M H

Why Scottish Shooting Needs A Scottish Governing Body.

The increase in the subscription passed at last year's AGM has obviously caused many members to pause for thought. "What do I get for my money?" As was predictable, a number of members have not yet renewed and we can realistically expect a fall in subscriptions for this coming year.

This makes it a priority to ask you to consider again the value of the services provided by the Association and I apologise if it seems that I am going over old ground but I would ask all members who have not yet renewed to consider your decision carefully.

To examine the services provided by the Association, I draw your attention to the enclosed Constitution,

S2, "...be affiliated to the NSRA and to any other body to which affiliation may be considered beneficial."

S3, "...to encourage skill in shooting by providing instruction and practice..."

"...to create a National Squad for the purpose of International Shooting..."

"...to arrange competitions, meetings and special instruction courses."

Perhaps the Constitution is not as specific as it might be on the administrative task set to the Association. In practice, the work involved in dealing with all those bodies "to which affiliation is considered beneficial" is vital to the welfare of the sport of target

shooting but remains largely unseen by ordinary members, except perhaps when I go on like this.

The "body" with which we have most involvement is the Scottish Target Shooting Federation of which we are a member and, through this body, we also are involved with :

- the Scottish Sports Council
- the Commonwealth Games Council for Scotland
- the Scottish Shooting Liaison Committee

Other bodies include :

- the NSRA
- the Scottish Sports Association
- the Scottish Sports Aid Foundation

A point which is easily overlooked is the importance and scope of the work done via the STSF with the Scottish Sports Council and the Scottish Shooting Liaison Committee. It is a common but wrong assumption that the interests of Scottish shooters in terms of administration by government agencies (i.e. the Home Office, Army and Police) devolve through the NSRA. The infra-structure in Scotland, stipulated and supported by the Scottish Sports Council, itself an agency of the Scottish Office, places this responsibility clearly on the Scottish Target Shooting Federation (STSF) and its member association.

The means available to the STSF for discharging this responsibility is meagre. The STSF executive and those of its members associations is voluntary. [The Shooting Development Officer is a half-time appointment and has a priority to deal with shooting and facility development, not with administrative matters.]

What is the practical importance of this work?

Grant aid : Scottish shooting is funded by the Scottish Sports Council, not by the British bodies. The investment made by the Scottish Sports Council in the redevelopment of the Denwood Shooting Centre was £180,000. The funding of the Commonwealth Games team for 1994 is made by the Scottish Sports Council. Annual revenue grant aid to support the Scottish governing bodies is made by the Scottish Sports Council.

Does anyone remember the rating revue of Scottish sports clubs? A move was made a number of years ago that all sports clubs should be charged local authority rates as commercial businesses. The main attention in the press at the time was given to bowling and rugby clubs, but shooting clubs were also hit by dramatic increases in their rates. At the time, the authorities relented and only charged commercial rates on sports clubs which had a bar on the premises. This is still under review and is an active area of concern within the Scottish Sports Association.

Did you notice the Firearms Control Board proposals last year? Would you like all FAC's to be administered through one or two offices for the whole of Scotland? The STSF members Associations responded to the proposals making a clear case that the proposals were not in the best interests of Scottish target shooters.

Does all this make the Scottish Sports Council sound like another Andrew Carnegie? Did I forget to mention that the SSC insists that Grant Aid is aid and not total financial support? All awards of grant aid are subject to the recipient raising a corresponding sum and if the sport's portion is not forthcoming then neither is the grant aid! The portion to be raised within the sport varies according to the purpose of the grant aid but the trend of the government in recent years to privatise has manifested itself in sport by expecting sportsmen to bear more of the cost of their sport more directly. It is also reasonable to assume that this trend will continue and that the sport will be required to continue and to increase its levels of contributions towards grant-aided projects and the

impact of this will be felt in increasing subscriptions and more urgent fund-raising. This will apply to all sports, not just shooting.

Grant aid for all purposes is the subject of close scrutiny of applications by the SSC and the hours of work given gratis by those preparing applications and meeting the SSC to discuss them would otherwise incur consultancy fees which would bankrupt the sport.

I can already hear the Denwood hackles rising. What did the SSRA contribute to their re-development? The straight answer is lobbying work with the Scottish Sports Council over the last ten years establishing the need for facilities development throughout Scotland and negotiating and agreeing a strategy paper for said development. This work was of the far less rewarding variety, hours of meetings and preparing submissions which do not stand for all time in bricks and mortar and is easily forgotten. All the major shooting facilities developments at Denwood, Dundee [late news is that work should start in late spring for autumn completion] and elsewhere were identified and prioritised in this document which prepared the way for the applications which followed.

Let me state categorically that none of the foregoing is intended nor does impune the achievements by the Denwood Association in the re-development of Denwood. It is a landmark in Scottish shooting which will stand for many years. Equally their success should not deny the value of the work over the years by SSRA Council members and other members of the then Scottish Shooting Council (now the STSF) with the Scottish Sports Council.

All too often, the decision of whether or not to join the SSRA is based on the visible return for the membership fee. Competition discounts and Newsletters are only a part of the benefits of SSRA membership. The problem is that they are the only part which is to each shooter individually. They are also the part of services provided to each member on a one-to-one basis. The administrative work done with the "bodies to which affiliation..." not only benefits members. It also benefits non-members. It is not possible to confine the benefits of this work to members only. In this respect, not subscribing is akin to tax-dodging! If you're reading this you are most probably a member. Do you like subsidising all those Scottish shooters who are not members? Check out the Membership Incentive elsewhere in this Newsletter!

All this and more, and we haven't started discussing §3 of the Constitution yet. The Association's Competition programme and schedule of training sessions are by now well known from previous Newsletters. And don't forget the task taken on with the Commonwealth Games Training Squad. The demands on the STSF and its member associations are enormous and involves more tedious "admin" load of co-ordination and organisation as well as the more obvious "coaching" aspect. That also falls into this bracket.

The question which has to be faced is whether target shooting in Scotland would survive without a Scottish infra-structure of governing bodies. Not in the eyes of the Scottish Sports Council!

The workload on the SSRA, due to the expectations of members and also of the other "bodies to which affiliation may be considered beneficial", is considerable and is carried entirely by volunteers. It is very depressing to be asked "What do the SSRA do for ME?" This reveals the "Us and Them" syndrome. This approach does not hold up when those undertaking the work are not contractually appointed and salaried as is more generally the case with the British bodies. In all the Scottish Shooting bodies, the executive work falls on members who practically all still have an active interest in their shooting and, in too many cases, this suffers as a result. This is a particularly sad outcome as I believe firmly that their active involvement in shooting gives them a much clearer understanding of shooters needs and wishes than would generally be found in administrators who are "doing a job". The executive members of the SSRA and the STSF need all the support, moral, practical and financial, that Scottish shooters can offer. A regular subscription is the most important contribution you can make.

A M Hamilton

Scottish Small-bore Rifle Association
Individual Subscription Form
1992-93

Name _____

Address _____

Postcode _____

Tel.1 _____

Tel.2 _____

Tick this box if you object
to having your membership
recorded on
our private
computer
files.

☐

Club _____

Date of Birth _____
[under-18 on 31.10.93]

Representative
Eligibility : Birth / Parent's birth / 5 years residence
[Please circle one]

I wish to join the SSRA and
enclose the subscription of
£10.00 [£5 if under-18 on
31.10.93]

Sig. _____

Return to Mrs A M Hamilton, _____

SSRA Membership Incentive

We always welcome new members but recruitment has come to be seen as Council's job. To demolish that myth, we invite all members to participate in the Membership Incentive. The idea is that members must know a lot more potential new members than Council do.

Introduce members to the Association and earn bonus points which you can use for Association clothing and emblematic items, Postal competitions, Freuchie entry fees and National Meeting tent fees. You must be a member yourself and bonus points may not be redeemed against Subscriptions and Grand Prixes. Members must be introduced at the £10 fee or, if under 18 years of age, at £5 and may be either lapsed or new.

Introduce a member from you OWN club to earn ONE bonus point.
Introduce a member from ANOTHER club and earn TWO bonus points. (No collusion, please!)
Claim £1 for each point for sweatshirts, tee-shirts, ties, badges, decals, etc, Postal competitions, the Freuchie or settling tent fees.

Scottish Small-bore Rifle Association Membership Incentive Scheme : Introduction Form

Name _____

I wish to introduce the members below.

Club _____

I enclose fees of £_____

Address _____
& postcode _____

I claim _____ points.

Signed _____

Name _____
Club _____
Address _____
&Postcode _____
DoB _____
(Juniors) _____
Fee £ _____ Points _____

Name _____
Club _____
Address _____
&Postcode _____
DoB _____
(Juniors) _____
Fee £ _____ Points _____

Name _____
Club _____
Address _____
&Postcode _____
DoB _____
(Juniors) _____
Fee £ _____ Points _____

Name _____
Club _____
Address _____
&Postcode _____
DoB _____
(Juniors) _____
Fee £ _____ Points _____

Name _____
Club _____
Address _____
&Postcode _____
DoB _____
(Juniors) _____
Fee £ _____ Points _____

Name _____
Club _____
Address _____
&Postcode _____
DoB _____
(Juniors) _____
Fee £ _____ Points _____

PLEASE ATTACH DETAILS OF ANY FURTHER MEMBERS ON PLAIN PAPER

SSRA Membership Incentive Form

Drugs Update : Caffeine

Among recent developments is further information on the substance caffeine which is a restricted, not banned, substance.

Following investigations into caffeine levels in various drinks, Dr David Cowan, Director of the Drug and Teaching Control Centre, made the following recommendations to the British Olympic Association :-

1. The amount of caffeine extracted from tea leaves depends not only on the content of caffeine in the leaves but also on the length of time for which they are infused (or boiled). Some people boil their tea leaves for as long as 5-10 minutes which will extract much greater amounts of caffeine than does a 3 minutes infusion!
2. Measurements on some instant coffee indicate that a heaped teaspoon of the granule will contain in excess of 75mg. [This figure is over double that quoted in previous correspondence.]
3. The amount of coffee from percolated beans depends on the amount of ground beans used, the fineness to which the beans have been ground and the amount of caffeine in ground roasted beans (which will depend on the amount of caffeine in the beans used and the time and temperature of roasting).

Dr Cowan also notes "Avoid drinking any beverage unknown to you (and this includes tea and coffee), unless you are certain that it does not contain any substances which could cause you to break the IOC Doping Rules."

	mg CAFFEINE per 100ml beverage	Volume that contains ± 150 mg	Based on Cup size (wide Nat. Variation)	Max. Intake AT REST
French Coffee	180mg (120-230mg)	200ml	75ml (50-75ml)	3 cups
Ceylon Tea	57mg	600ml	100ml (89-355ml)	6 cups
Indian Tea	46mg	750ml	100ml (89-355ml)	7 cups
Instant Coffee	40mg (25-40mg)	875ml	75ml (25-330ml)	12 cups (F) 6 cups (US)
US Coffee	38mg	920ml	200ml (25-330ml)	5 cups
China Tea	35mg	1000ml	100ml (89-355ml)	10 cups
Coco-Cola	12mg	2900ml	200ml glass 330ml can	14 glasses 9 cans
IOC LIMIT	12 μ g/ml			

As always, anyone with any queries about doping control should contact the Secretary. If she cannot deal with your query, she'll get an answer for you asap.

Drug tests from this Association in 1992 were all clear, including "out-of-competition" testing with the Commonwealth Games Training Squad. Let's keep it that way!

Scottish Small-bore Rifle Association Association Clothing Order Form

All the items below are in stock.

We are a sports association, not a department store. Apart from that consideration, we try to meet members' needs. Let us know if there are other items you would be interested in.

Have you checked out the elbows on your sweatshirt recently? Are there gravy stains on your tie? Do you need a new one?

		Price	Quantity	Amount
Sweatshirts	S	£10.00		
	M	£10.00		
	L	£12.00		
	XL	£12.00		
T-shirts	S	£6.00		
	M	£6.00		
	L	£6.00		
	XL	£6.00		
Coat badges	Wire embroidery	£7.50		
	Thread embroidery	£4.00		
Tie, woven-in design		£6.00		
Decals		50p		
Embroidered Lambswool Sweater, 1 ONLY	Navy	£10.00		
Customer Name and Address :	Post & Packing (£1 per sweatshirt 75p per T-shirt or tie maximum £3 per order)			
	Total remittance			
Delivery address (if different)	I enclose a cheque/postal order for £ _____ Signature _____			

Polar Bear Meeting Sunday 28th February, 1993. Denwood

This OUTDOOR event is being organised for club teams of four, with the best three scores in each team to count at each stage. In addition, up to two members of each team may claim a handicap according to class by submitting an average.

The format of the event will be a round-robin stage followed by a final for group winners. The round-robin stage and the final will each comprise a card at 50 metres plus a card at 100 yards (a modified Dewar).

NSRA rules will apply (none of your UIT here!).

To claim handicaps, please quote SSRA Grand Prix classification or submit a certified average (see form below) :

Average bands

'A' 98.5 and higher
'B' 97.0 and higher
'C' 94.0 and higher
'D' under 94.0

Handicap allowances

'A' class : scratch
'B' class : 5
'C' class : 10
'D' class : 15

The entry fee £12 per team, inc. soup and bacon roll and teams may claim a £1 discount for team members under-18 years of age.

Prizes will be awarded to winning teams and to leading individuals in each stage, scratch and handicapped.

Hospitality

Everyone will be able to warm up in the clubroom between cards with a bowl of soup and a Bacon roll for each competitor, included in the entry fee.

In addition, we proudly present the following lunches by courtesy of the Denwood Catering Sub-Committee which will be available by prior arrangement.

<u>Denwood De-Luxe</u>	<u>Polar Bear Pork-out</u>
Smoked Salmon Starter	Homemade Soup
Main Course	Steak Pie, Beans and Mashed Potato
Dessert	Ice Cream
Wine	
£10	£5

All lunches must be booked in advance with entry.

Under-21 Sweden Trip

All members under-21 are invited to register their interest in a trip to Sweden in late August or early September. This opportunity has come about through the efforts of member J W (Jock) Allen of Bideford who met officials from Sweden at the Nordics at Bisley last August. Jock will be leading a party of Devon juniors and has invited the Association to send a Scots party for a three-way match with Swedish under-21's. Costs should not be prohibitive. Please contact Anne () for more information.

Polar Bear Meeting Entry Form

Club _____ Club contact _____ Name _____ Address _____ _____ Phone No. _____	_____ teams @ £12, total fee £ _____ Junior Discounts claimed £ _____ _____ DeLuxe deposits @ £2 £ _____ _____ Pork-out deposits @ £2 £ _____ Total enclosed £ _____ Signed _____
---	--

We wish to register the following inexperienced or junior team members to claim handicaps and discounts accordingly				
Name	Average	Class	Date of birth	Discount due

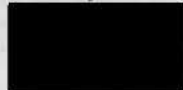
Please return with full entry fees and a deposit of at least £2 for each lunch to :
 A M Hamilton, 6 [redacted]
 All entries and lunch bookings will be confirmed. Please include S.A.E.

Where to get entry forms

All Meetings (inc. GP's)
 A M Hamilton



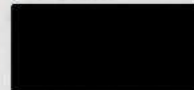
Denwood Grand Prix I
 J Lavety



Angus Grand Prix II
 P Gray



Linwood Grand Prix III
 N G Lemon



UIT Rules Update

The UIT rules are published by UIT in a series of booklets comprising the General Regulations, General Technical Rules, Special Technical Rules for Rifle, ditto for Pistol, for Clay Target, for Running Target and for Double Trap and all are available from UIT in German or English languages. When you purchase them, BE SURE TO CHECK THE YEAR IN WHICH THE EDITION IS ISSUED. Changes to the rules which have not yet been included in a revision of the rules booklets are published in the UIT Journal. These are available from :

UIT Journal,
Bavariaring 21,
8000 München 2
GERMANY

The rules apply to all items of shooting equipment and, while most suppliers provide goods which comply, it is always worth checking.

UIT rules apply to Grand Prix finals and SSRA trials, with the reservation that changes may not be adopted immediately to give competitors time to modify or replace equipment.

Summarised here are the changes introduced since 1989. This is not an exhaustive list but includes those rule changes which will be of interest.

- 4/89 • UIT Eligibility Rules introduced.
• also rules for Commercial Markings on Equipment

6/89 General Technical Rules

- 2.7 : Range commands stipulated (handy to know which words to learn if English is not your first language!)
- 3.12.a.3) : Bindings on kneeling rolls to shape the roll not permitted.
- 14.5 : Junior world records recognised, male and female.

Special Technical Rules

- 4.3k and 4.6i : Material that gives improved grip may not be added to any part of rifle stock; does not apply to cheek-piece; original material of the stock may be roughened.

- 4.3i : Maximum length for barrel extension tube 762mm, measured from breech/bolt face.
- 4.8.d.2) : top of trousers must not fit higher than 50mm above the crest of the hip-bone; waistband not more than 70mm wide; shooter must be able to pull trousers on over normal or training shoes with leg zippers closed; shooter must be able to sit on a chair with all trouser fastenings and closures done up.
- 4.8.g.1) : Clothing under shooting jacket and under trousers must not exceed thickness 2.5mm single or 5mm double.
- 4.8h : pockets are only defined for jackets and are therefore not allowed on trousers; Inside pockets not allowed anywhere.

1/92 General Technical Rules

- Rules amendments for electronic scoring systems, inc. protests and dry-firing.
- 4.66.h : Only concentric barrel weights or weights attached to forend which do not exceed the dimensions of the forend and also conform to its existing shape are permitted; 1) bipod or attached rifle rest is not permitted; 2) handstop/sling swivel is not allowed in the standing position.

3/92 General Regulations

- 3. : Standing and Kneeling awards withdrawn from 3x40 events (300m and 50m).
- 7.7 : Doping Control Fee 20SFr (Swiss Francs) per competitor.
- 7.10 : Only ONE official training day at World Championships.

Special Technical Rules for Rifle

- 4.8.f : Shooting gloves. Any strap or other closure device at the wrist is prohibited. However, a portion of the wrist may be elasticized to enable the glove to be put on, but it must leave the glove loose around the wrist.

6.4 : Shooting times

Air rifle	
60 shots	1hr 45min
40 shots	1hr 15min

Small-bore rifle
 60 shots prone 1hr 30min
 3x40 40 prone 1hr
 40 standing 1hr 30min
 40 kneeling 1hr 15min

- 6.6 : competitor must produce control card (issued at equipment control) at the start of the event.

What about trials and Grand Prixes?

The SSRA takes its commitment to international competition seriously and runs higher levels of competition under UIT rules with the object of giving shooters an edge. We have a number of Scots in GB squads who have clearly benefitted from this policy.

Jackets

Among the previous batch of rules changes introduced were the rules on pockets on jackets. Grand Prix finalists have been asked during the last three years to have their jackets comply with the rule requiring that, should a jacket have a pocket, it should have only one, placed on the lower right front for right-handed shooters and on the left for the left-handed. Jackets are still being presented at Equipment Control which do not comply. While we do everything possible to allow competitors to participate, there is a line beyond which the rules become a mockery unless they are enforced.

In the aftermath of the festive season, it is timely to remind shooters of the jacket overlap rule. Jackets must fit with sufficient ease to allow a 7cm overlap at ALL fastening points. Where a jacket is fitted with buttons, this means from the button centre at the end of the shank to the edge of the button hole. Jackets with zips are not exempt and we do our best to check these fairly. The rule applies at all points along the length of the zip. How much Christmas Pudd did you enjoy?

Gloves

The latest change affecting gloves' closures will affect a lot of shooters since the manufacturers flooded the market with such gloves several years ago when they realised they were allowed and there are lots of them around. This makes matters very difficult for dealers who have considerable stocks of these gloves and it stand to make a loss of each item

not sold. However, the rules are now clear and prohibit the use of these gloves. The UIT implemented this rule at last year's Olympic Games.

So what do you do if you have one? Have it modified! If you are handy with a needle you could even do it yourself. Remove the closure flap (unpick the stitches or you may end up with a thickness problem) and stitch a piece of strong fabric tape or elastic firmly across the gusset. Make sure you can still get it on and off! Elastic is permitted as long as it does not tighten the glove around the wrist. The fitting must remain loose.

Glove length is also subject to a rule. The length of the glove should not extend more than 5cm beyond the centre of the wrist knuckle.

A note of dimensions and thicknesses :

	singledouble	
Jacket	2.5mm	5mm
Trousers	2.5mm	5mm
All layers other clothing	2.5mm	5mm
Padding on jackets and trousers	10mm	20mm
Glove, back and front together	12mm	
Boot, thickness of upper	4mm	

Please check your equipment.

The Association is always pleased to advise on UIT rules at any time and to check equipment on request.

The SSRA Council will discuss how to introduce the glove closure rule at the February Council meeting and the next Newsletter will advise members on the interpretation of this rule for Grand Prixes and SSRA trials.

For Sale

Anschutz Shooting boots
 Size 11
 used but serviceable
 broken in but not broken down
 Free sets of dayglo laces included
 £40 ono

Pho. DAM McIntosh

1993 Calendar

March			
Sun	7th	Speedway Final	Perth
Sun	14th	C & D Speedway Final	Perth
Sun	21st	North Island, New Zealand Postal Match	Perth
Mon-Sun	22nd-28th	ISAS Meeting	Dortmund
May			
Sat	1st	3-P Championship Final	Linwood
Sat	8th	3-P Grand Prix I	Denwood
Sun	9th	Denwood Grand Prix I 1	Denwood
Sat	29th	3-P Grand Prix II	Linwood
Sun	30th	Angus Grand Prix III 2	Gagie
June			
Thu-Sun	3rd-6th	Ulster Games	Comber
Sat-Sun	5th-6th	Aberdeenshire Open	Denwood
Sat	19th	3-P Grand Prix III	Linwood
Sun	20th	Linwood Grand Prix III 3	Linwood
Sat-Fri	26th-2nd	NSRA Scottish Championship Meeting	Blairgowrie
July			
Sat-Sun	3rd-4th	Commonwealth Games Selection Trial 3-Positions Final Trial	Linwood
Sat-Sun	10th-11th	Commonwealth Games Selection Trial Prone Elimination Trial	Linwood
Sat-Sun	17th-18th	Caithness Grand Prix IV and Open County Meeting 4	Wick
Sat-Sun	24th-25th	Commonwealth Games Selection Trial Prone Final Trial	Linwood
August			
Sun	1st	3-P Grand Prix IV	Denwood
Sat-Sun	7th-8th	Glasgow Rail Open UIT Meeting	Linwood
Sat-Sat	14th-21st	NSRA British Championship Meeting	Bisley
Sun	29th	Grampian Grand Prix V 5	Denwood
September			
Sun	5th	Gagie Grand Prix VI 6	Gagie
Sat-Sun	18th-19th	CSF(ED) Championships [Mini-Games]	Bisley
October			
Sun	31st	Annual General Meeting	Perth

Please note change in date of 3-P Championship Final